SH'MA YISRAEL (Hear O Israel)

Dance with Moshiko, 5, Side 2

Record:

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Moshiko Halevy
Choreography:
                 Moshiko Halevy
Music:
                 4/4
Meter:
                 Circle facing center. Hands joined and raised from waist level.
Formation:
                 PATTERN:
MEASURE:
(Count)
                 PART A
                R to R with bounce
1
                L to L with bounce
                R to R with bounce
                 Close L to R
4
56
                Bounce twice with bent knees'
                 Repeat ct. 5
                 Travelling CCW, step R to R, X L behind R
7
                 Open R to R, X L frnt of R
8
                 Step fwd with R on R diag
9
                 Step fwd with K on K diag
Close L to R and bow with bent knees
10
                 Repeat 9-10 with opp. ftwk and direction
11 -- 12
                 Face diagonally CW and step back on R
13
14
                 Step back L
                 Face ctr and step R to R
15
                X L over R
16
                Repeat 1-16, Part A
17 -- 32
                 Face center with bent knees. Shift wt from side to side R-L
1
                 Tap R ball of R ft fwd
                 Lift R knee and put wt on R
                Repeat 1-3 Part B with opp. ftwk
78
                 Step bkwd R
                 Step bkwd L
                 Fall back slightly on R
9
                 Step fwd L
10
                 Close R
11
                Repeat 9-11 Part B with opp. ftwk
12 -- 14
15 -- 16
                Repeat cts 5-6 Part A
                Repeat 1-16 Part B
17-32
                 REPEAT PART A (32 counts)
                          Release hands keeping them lifted and open
                Turn 3/4 with R-L to face CW
1 -- 2
                Step bkwd R snapping fingers with hands raised to R
                Step bkwd L snapping fingers with hands raised to L
                 Repeat 1-4 Part C taking 1/2 turn to face CCW
5 -- 8
                Join hands. Step fwd on R lifting slightly
                Cross L fwd bending knees
10
                Repeat 9-10 twice more
11 -- 14
                Step back on R
15
                Step back on L opening to face center
16
                Repeat 1-17 Part C
17 -- 32
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Presented by Moshiko Halevy