

SIMAN SHE'ATA TZAIR

(It's a Sign That You Are Young)

Choreographer: Eliyahu Gamliel
Music: Folk Tune
Group Formation: Dancers are scattered, all facing same front
Structure of Dance: Two parts; part 1 divided into 3 sections, part 2 divided into 4 sections; the dance is repeated each time beginning to a new front

Counts

Description

Part 1:

Section A and B: Facing first front

1-4 3 steps bwd R,L,R stamp and release L ft in place
5-8 3 steps fwd L,R,L, stamp and release R ft in place
9-12 4 "Charleston steps" moving bwd, beg with R ft crossing in back of L ft, etc.

Section C: Facing first front

1-8 With 4 wide "two-step" (R,L,R; L,R,L; R,L,R; L,R,L) each one makes a complete circle moving CW
9-10 Stamp with R ft fwd turning R shoulder fwd, stretching R arm in a sharp and short (Karate) movement fwd, hold
11-12 Same movement as in counts 9-10, moving R ft and R shoulder bwd, and hold
13 Step on R ft fwd
14 Turn on L ft 1/2 a turn CCW, ending with face in opposite direction
15-16 Repeat counts 13-14, beg facing new front, ending facing the first front

Part 2: 4 identical phrases done to 4 different fronts

Section A: Facing first front

1 and Leap on R to R side, stamp with L beside R, both knees are bent, and clap hands
2 Open quickly with L ft to L side (accented) with a clap
3 Quick skip on R ft fwd
4 Step on L ft fwd

Section B: Facing a new front (90° CCW from first front)

5-8 Repeat counts 1-4 in Section A, beg with a 1/4 turn CCW on count 5 (leap on R ft)

(cont.)

SIMAN SHE'ATA TZAIR (continued)

Counts

Description

9-16

Sections C and D: Each begins a new front
Repeat counts 1-4 of Section A two more times, each
time beg with a 1/4 turn CCW on the leap with R ft;
after 4 times the dance begins again in a new front which
is 270' CCW from the former front

After repeating the dance 4 times, in the fifth time
Part 2 is omitted; in the sixth time part 2 is
repeated more times until the music ends