

SHIBOLETH BASADEH (Sheaves in the fields)
(Israel)

Choreographed by Leah Bergstein

Music by Shelem

Pronunciation: shee-BO-let bah-sah-DEH

Music: Hadarim I, Side II, Band 5. 4/4 meter.

Formation: Circle, all face ctr. Arms extended shoulder level, sdwd, palms touch each other. Move CCW.

<u>Cts</u>	<u>Pattern</u>
3 meas	<u>Introduction.</u>
	<u>PART I.</u>
1	R to R side.
2	Close L to R and bend both knees.
3-6	Repeat cts 1-2 twice more.
7	R to R side.
8	Hop on R with 1/2 turn to R side. Keep arms in same pos. End up with back to ctr of circle.
9-16	Reverse cts 1-8, start with L.
17-32	Repeat cts 1-16.
	<u>PART II.</u>
	Arms down. All join hds, face CCW.
33-34	Step-hop fwd on R.
35-36	Step-hop fwd on L. On hop 1/2 turn to L side.
37-38	Step-hop on R bkwd (move CCW).
39-40	Step-hop on L bkwd. On hop 1/2 turn to R side. Face CCW.
41-48	Repeat cts 33-40. All face ctr.
49-52	2 Step-hops fwd, R,L.
53-56	2 Step-hops bkwd, R,L.
57-58	Stamp R in place.
59-60	Stamp L in place. On last 2 cts release arms and bring them into beginning pos.

The arm pos in Part I can be interpreted as sheaves. The mood of Part II is the joy of harvesting.

Presented by Shlomo Bachar