

SHIBOLEY PAS (Golden Wheat)
(Israel)

This gay dance with its unusual rhythm was choreographed by Rivka Sturman. It gives joyful expression for the rich harvest in the field. The music was written by Jacob Sagi and the lyrics are by A. Kuper.

MUSIC: Record: Israel Dance, Hed Arzi MN 529
Mixed meter: 4/4, 3/4, 2/4

FORMATION: Circle, no ptrs. Face ctr, hands joined down

Meas Cts Pattern

INTRODUCTION and INTERLUDE

2/4 5 1 - 20 Step-bend 10 times; begin R and shift wt easily onto L.

PART I

4/4 1 1 - 4 Begin R and move LOD
4/4 2 5 - 8 2 step-hops fwd (R, L).
Step fwd R, bending both knees and leaving ball of L ft on floor. Body bends bkwd slightly from waist)ct 1); shift wt back onto L (ct 2); step back onto R bending body slightly fwd (ct 3); step L in place (ct 4).
4/4 3 9 -12 Repeat action of meas 1 (cts 1 - 4), Part I.
2/4 4 13 -14 Scissor step, kicking legs up in back (R,L); body leaning slightly fwd.
4/4 5-7 15 -26 Repeat action of meas 1 - 3, (cts 1 - 12).
2/4 8 27 -28 Take 2 steps in place (R,L) turning to face ctr.

PART II

4/4 1-2 1 - 8 Begin R and move twd ctr.
3 step-hops fwd twd ctr. On (ct 6) do a high jump into the air, releasing hands and throwing them high; land on both feet with L ft across R (both knees bent) (ct 7); pause (ct 8).
4/4 3 9 Straightening body, face LOD, and move out of the ctr (right shoulder leading) with a light leap onto R (reach out on leap).
10 Cross L in front of R, stepping down with an easy bend of L knee.
11 -12 Repeat action of cts 9 - 10, Part II.
3/4 4 13 -14 Again repeat action of cts 9-10, Part II, and
15 Hop on L, turning CCW to face ctr of circle.
Rejoin hands.
4/4 5-7 16 -27 Repeat action of meas 1-3 (cts 1 - 12), Part II
2/4 8 28 -29 Dance 2 steps in place (R,L), rejoining hands.
Repeat action of Part I and II, 2 times.

INTERLUDE (same as Introduction)

2/4 5 1 -20 Step-bend 10 times, moving fwd in LOD. Clap

continued...

SHIBOLEY PAS (Golden Wheat) Continued

hands (chest height) on every bend.

PART I and PART II

Repeat action of Part I and II, 2 times

Note: The dance is repeated in the following manner according to record MN 529, Hed Arzi:

- 1) INTRODUCTION
- 2) PART I and II - 2 times (vocal)
1 time (instrumental)
- 3) INTERLUDE
- 4) PART I and II - 2 times (vocal)

Presented by Rivka Sturman