

SHIBOLIN (CHAD MECHEREV)

Israeli Couple Dance

Translation: Chaffs of Wheat
 Dance: Yo'av Ashri'el
 Record: Kadima
 Basic Steps: Run, Step-hop, schottische, buzz
 Formation: Couples in a circle, M with back to center,
 W faces him in a butterfly position
 Meter: 4/4
 Note: M's steps are described, W does opposite

<u>Measure</u>	<u>Counts</u>	<u>Description</u>
<u>Part A</u>		
1	1-2 3 4	Step-hop R to R Cross L over R Step R in placē
2	1-4	Repeat meas. 1, Part A. Reverse footwork and direction
3	1-2 3-4	2 running steps, R to R, L across R Jump on both feet, land on R
4	1-2 3-4	Turn individually to L (CCW) L,R Jump on both feet, land on L
5-8		Repeat meas. 1-4, Part A
<u>Part B</u>		
1	1-4	4 running steps forward: R,L,R,L
2	1 2-4	Stamp R forward 3 step turn CW; L,R,L (turn three quarter only, end up back to back)
3	1-2 3-4	2 running steps forward, R,L Jump on both feet, land on R
4	1-2 3-4	2 running steps back L,R Jump on both feet, land on L
5	1-4	4 running steps forward R,L,R,L
6	1 2-4	Stamp R forward 3 running steps in place L,R,L
		Note: W turns in 4 steps (CCW) end up in a wrap around hand hold
7-8		4 buzz steps turning once around CW

Presented by Ya'akov Eden