

1975 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Atanas Kolarovski

SHIPTARKA
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SIPTARKA
 (Macedonia)

SHIP-TAR-KAH

refers to ŠIPTAR
 one

This is an arrangement of several figures of the dance Sota which is done by the large Albanian population of Macedonia and Kosovo. Sota is done at all weddings and celebrations by couples, individuals or lines. Atanas has selected several of these figures from among the many he has learned from villagers and dancers of the Kosovo ensemble.

RECORD: See errata

FORMATION: Couples, individuals or lines.

INTRO 2

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PATTERN

- PATTERN I: HANDS ARE HELD DOWN
- Meas 1 Travelling in LOD step fwd on R,L (cts 1,2) ^{HEEL OUT 2 & f (two cr)}
- 2 Step fwd on R (ct 1) lift L in front of R
- 3 L still held in front bend R knee til both ft touch ground and bounce on R twice (cts 1,2,&)
- 4 Step on L next to R (ct 1) lift R behind L (ct 2)
 Repeat pattern 1, seven more times
- PATTERN II: HANDS HELD AT SHLDR LEVEL ^{TURNED IN}
- 1 Facing ctr bounce on both ft R slightly in front of L(ct 1)
 bounce twice on R while moving L around in front of R(ct 2-&)
- 2 Repeat Pattern II, meas 1, opp ftwk
- 3-4 Repeat Pattern II, meas 1-2
- 5 Bounce on both ft, R slightly in back of L (ct 1) bounce twice on R while moving L around behind R (cts 2,&)
- 6 Repeat Pattern II, meas 5, opp ftwk
- 7-8 Repeat Pattern II, meas 5-6
- PATTERN III: HANDS HELD DOWN
- 1 Travelling in LOD step fwd on R,L (cts 1,2)
- 2 Small leap on R (ct 1) step on L in back of R (ct 2)
- 3 Bounce on both ft, L slightly in front of R (ct 1) bounce twice on R lifting L slightly off ground (cts 2,&)
- 4 L still in front of R, bounce on both (ct 1) bounce twice on L lifting R slightly off floor (ct 2,&)
 Repeat Pattern III, seven more times.
- PATTERN IV: HANDS HELD AT SHLDR LEVEL
- 1 Facing ctr but travelling sdw in LOD, touch R toe to R (ct 1) step on R (ct 2) close L to R (ct &)
- 2-3 Repeat Pattern IV, meas 1 two more times
- 4 In place step R,L,R, (cts 1,2,&)

continued...

5-8 Repeat Pattern IV, meas 1-4, opp ftwk

PATTERN V: DROP HANDS, MOVE FREELY AT SHLDER LEVEL

1-4 Same ftwk as in Pattern IV but now each dancer moves alone in a small circle with R leading around CCW.

4-8 Repeat Pattern V, meas 1-4, opp ftwk
Repeat Pattern IV once
Repeat Pattern V once

PATTERN VI: HANDS HELD LOW

1 Travelling in LOD, step fwd on R (ct 1) close L to R (ct 2) small step with R (ct &)
2 Repeat Pattern VI, meas 1, opp ftwk
3-4 Repeat Pattern VI, meas 1-2
5 In place, step on R in front of L (ct 1) small bounce onto L in back of R (ct 2) step on R in place (ct &)
6 Repeat Pattern VI, meas 5, opp ftwk
7-8 Repeat Pattern VI once.