

SHIR AL ETS

DANCE: Y. Maruma  
 MUSIC: N. Shemer  
 FORMATION: Circle, hands joined  
 LOD: CCW  
 RHYTHM: 3/4

Record: Aviv or  
 Manginot 6

Part 1

1 R waltz-step FWD  
 2 L foot across R, R foot in place, turn to center,  
 L foot to L  
 3 R in front of L, L step (in place) behind R, sway R to R  
 4 Sway L, R foot in front of L, bend knee, L step in  
 place behind R,  
 5 Waltz-step FWD, LOD, w/R  
 6 L step FWD R step, turn to center, L foot behind R  
 face to center  
 7 1 and 1/4 turn LOD CW, start R, L, R  
 8 Bending step FWD with L, step R BWD, step back w/L to L  
 9-16 Repeat 1 - 8

Part 2

Face center

1 R waltz-step FWD to center, hands up  
 2 1/2 turn L, L waltz-step, face outside  
 3 Cross R foot in front of L, step L foot in place,  
 step on R foot to R side  
 4 Repeat 3 (start L cross in front of R)  
 5-8 Repeat 1 - 4 face outside center

Part 3

Face center

1 Waltz step FWD, start with R, stamping diagonally  
 R on 3rd count  
 2 Rising on ball of R foot, L knee up and hold. L in  
 front of R, bend knee and step R foot in place behind L  
 3-4 Repeat 1 - 2 with L foot FWD  
 5 R foot to R, L foot across in front of R, step R  
 foot in place  
 6 Repeat 5 (start L foot to L)  
 7-8 R foot to R (L shoulder to center), L foot to R across  
 R, 3/4 turn R outside (R,L) face center R, L  
 9-12 R foot across in front of L, L foot to L; Repeat this  
 step 4 times more, sway R, sway L  
 13-16 Repeat 9 - 12, Part 3.