

Line dance, facing Ccw, bent over fwd, hands joined down. R footed dance.

PART I

- 1 R } run fwd, around Ccw, bent over.
 2 L }
 3 R } run fwd, around Ccw, body straight.
 4 L }
 5 R sway to side, out from Ctr.
 6 L sway to side, twd Ctr.
 7 R sway to side, out from Ctr.
 8 R hop in place, L leg coming up fwd low.
 9 L run
 10 R run
 11 L run
 12 R } step hop } back, around Cw, facing Ccw.
 13 R }
 14 L } step hop }
 15 L }
 16-30: repeat, except turn on count 30 to face in twd Ctr.

PART II

- 1 L(R) R leg fwd low.
 2 R(L) L ft back.
 3 R(L) L leg fwd, low.
 4 L(R) hop in place, facing in twd Ctr, R ft back.
 5 L(R) at the same time swinging: R leg fwd, low.
 6 R(L) L ft back.
 7 R(L) L leg fwd, low.
 8 L(R) R ft back.
 [Alt: When a leg is fwd, touch that heel fwd, twd Ctr.]

PART III

- 1 R step to side, around Ccw, facing in twd Ctr,
 bent over low fwd, hands down, heavy movement.
 2 hold, or hop with heel.
 3 L step across behind R, around Ccw, body up, hands high, light movement.
 4 hold, or chug to cross side, around Ccw.
 5-16: repeat.

PART IV

- 1 R step across over L.
 2 L step back to place.
 3 R close
 4 L step across over R. } Yayin steps, facing in twd Ctr,
 5 R step back to place. } turning to face Ccw on last count.
 6 L close
 7 R step across over L.
 8 L step back to place.
 9 R run fwd, around Ccw, facing Ccw.
 10 L run fwd, around Ccw, beginning leap around Ccw.
 11 R land back to Ccw, bent over, having turned CCW through Ctr in air to face Cw.
 12 L step back, around Ccw, pivoting CW through Ctr on L ft to face Ccw,
 still bent over.