

# Shottis from Malax

Notes from Milla and Petri Workshop, Fresno, Jan. 19, 2003

Position "Walking": M and W facing LOD. M's right hand on W's waist, W's left hand on M's right shoulder. M's left arm, W's right arm down.

Position Turning: Polska, equilateral, or shoulder / shoulder.

Variation 1:

M: Moving LOD, L fwd, R back, L back, lift, normal Shottis fwd, R, L, R, lift.  
(Rhythm quick, quick, quick, quick)

W: Opposite.

Turn: Polska hold, normal 4 step-hops for 2 full turns, ending open to face LOD.

Variation 2:

M: Facing partner, holding M's right hand and W's left, starting towards LOD, L, R, L, lift. Continue in RLOD, R, L, R, lift. (Rhythm quick, quick, quick, quick)

W: Opposite.

Turn: Polska hold, normal 4 step-hops for 2 full turns, ending open to face LOD.