

SHUDDER BUX
German fishermen's dance from the Isle of Rugger

The fishermen of Rugger wear wide white trousers and in this dance they grasp the sides of their trousers and shake them in the tempo of the music, (as a woman would shake her skirts); it was probably done as a teasing mimicry to partners. "shuddel" in German means "to shake", and "bux" means "trousers" hence the name.

Music: Decca 45027 Hasselby Steppen Polka

Formation: Four couples standing in a square formation, facing center. Head and side designated.

Steps: walking steps - brisk sharp steps one to each count, body erect.
pas de basque (step R to R, Step L beside R, Step R in place, repeat to L.
1 meas counh (ct. 1 and, 2 and)

like Polka balance.
no cross over.

dance pattern

No musical introduction

- I. All hands round to the L *Plain Walk*
- 8 meas join hands in circle walk CW 16 steps and release hands at corners.
- 4 meas Do-si-do: Head couples do-si-do with 8 walking steps. Partners move side by side inside hands joined at shoulder height, elbows bent, outside hands hanging free. M pass L shoulder when moving fwd., W pass R shoulder when moving bwd into place.
- 4 meas Side couples do-si-do with 8 walking steps in similar manner
- 2 meas Shuddel: Face partner, execute 2 pas de basque, (M start L and W start R)
- 2 meas Face corners (M turn L and W turn R) execute 2 pas de basque as before. (during these 4 pas de basque M and W shake their bux and skirts)
- 4 meas Still facing corner clap own hands, then turn to partner and hook R elbows, and swing around with walking steps, on last step M releases W's arm who moves fwd. CW to face the next M. All M remain in places.
- 8 meas Repeat shuddel with new partner and corner (who is original partner) Clap and swing new partner and W advance CW to face the next M)
- 16 meas Repeat shuddel and swing twice more to finish with original partner, (W have progressed around the square and the M have remained in place.

II. Woman's star. Men stand in place.

- 4 meas W make RH star in center and turn CW with 8 walking steps
- 4 meas W make LH star and turn CCW with 8 walking steps and return to place
- 8 meas Do-si-do as before.
- Men's star. Women stand in place
- 4 meas M clap on first count, and make RH star and turn CW with 8 walking steps.
- 4 meas M clap on first count make LH star and turn CCW (8 steps) return to place.
- 8 meas Do-si-do as before. *32 meas. Rpt Shuddel as in Step 1.*

III. Women are proud. Men stand in place

- 4 meas W put RH on hip, LH hanging free and walk proudly 8 steps CW in center
- 4 meas W put LH on hip, RH hanging free walk 8 steps CCW and return to place.
- 8 meas Do-si-do as before
- Men's circle. Women stand in place *Vigorous walk.*
- 4 meas M clap on first count, join hands in circle-turn CW 8 walking steps.
- 4 meas M clap on first count, join hands and turn CCW, 8 steps-return to place.
- 8 meas Do-si-do
- 32 meas Shuddel

IV. All hands round in a circle and walk CW 16 steps; then CCW 16 steps. Keeping hands joined bow to center after music stops.