

SIAMSA BEIRTE

Iris

- Pronounced: SHEEM-suh Berta
- Music: 4/4 Hornpipe time
- Formation: Couples in circle, partners facing with R hands joined at shoulder height, elbows bent, M with back to center and M's L shoulder toward LOD.
- Step: Polka throughout except meas. 3 and 4. Ladies do exactly the same step as the men but with opposite foot.
- Meas. Threes
- 1-2 M hop on R in place, step L on L, then on R almost behind L, step L on L. Repeat in opposite direction, opposite feet.
- Rock
- 3-4 Hop on R foot in place, bringing L behind R, then step on L, now hop on L, bring R behind L and hop on R, bring L behind R and rock R,L,R. (Count hop, L, hop, R, hop, rock, rock, rock)
- 5--8 Repeat above Threes and Rock in opposite direction on opposite feet.
- 9-10 Still facing, moving in LOD, M hops on R, step L, then R, then L as for meas. 1. Then M and W change places using polka step, M making half turn CW, W moving CCW into M's place, turning under R hands still joined, doing hop, 1, 2, 3 step.
- 11-12 Repeat action of meas. 9-10, moving against LOD and changing places so M is on inside again.
- 13-16 Turning polka, hands crossed. REPEAT FROM MEAS. I.