

SICK-SACK SHOTTIS från HEDE

'13

~~ZIG-ZAG SCHOTTISCHE FROM HEDE~~

Sweden

The Goller's used the English words "Zig-Zag" here rather than the Swedish words "Sick-Sack Shottis." The dance was collected in Hede, July, 1971 by Göran Karlholm. Carol and Edward Geller learned this schottische from Armand and Sharon Deny and from Nils and Kerstin Johansson who travelled together in Sweden in 1976.

RECORD: OLAB SLP-022, "Nu Bjö Mae Opp" (LP), Band 2, Side 1.

FORMATION: Cpls in a circle facing LOD.

POSITIONS: Schottische step fwd: M hold W L hand with his R hand on top. The hands are held at waist ht and somewhat fwd. The outer hands hang free at sides.

Zig-zag: Arms hang free, or M's hands crossed on own chest.

Cpl turn: M holds W L hand with his R hand behind her back, and W R hand with M L hand behind his own back. Lean slightly twd each other.

STEPS: Schottische step fwd & zig-zag: The step is similar to the standard schottische step (step, step, step-hop), except the whole ft is placed on the floor at one time and the knees are flexible. The "hop" becomes a "lift" with the ball of the ft not leaving the floor. The "zig-zag" step moves sideways to LOD (in and out of circle).

Cpl turn (step-lifts): The normal step-hop becomes a step-lift with the step coming onto the whole ft and the ball of the ft remaining on the floor during the "lifts." (Make 1 turn per meas with 2 steps.) Move in LOD while turning

METER: 4/4

PATTERN

Meas.

Begin dance at beginning of any musical phrase.

FORWARD:

1-3 Cpls dance 3 schottische steps fwd in LOD, beginning on outside ft (M-L, W-R).

ZIG-ZAG (dancers face LOD at all times):

4 Dropping hands, W and M exchange places with one schottische step sideways (M to R, W-L) with M moving in front of W and W behind M.

5 M and W exchange places again with one schottische step sideways (M to L, W-R), with W moving in front of M and M behind W.

FORWARD:

6-7 Cpls dance 2 schottische steps fwd in LOD, beginning M R, W L.

8-9 Repeat meas 4-5, "zig-zag."

10 Cpls dance one schottische step fwd in LOD, beginning M R, W L.

continued..

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COUPLE TURN:

11-12 Cpls do 12 "step-lifts," M begin L, W R, and turn CW while moving LOD.

Couple turn variation:

Collected from two of the informants of "Ringlander fran Hede." They said the couples turned as many times as desired, revolving in either direction before repeating the "zig-zag."

Presented by Edward & Carol Goller
Idyllwild Workshop 1979