

FOLK DANCES OF AUSTRIA

Source: The dances described below are all simple traditional folk dances written up in many books published in Austria, such as by: Herbert Lager, Anton Novak, Ilka Peter, Erna Schutzenberger, Hermann Derschmidt, Karl Horak, Raimund Zoder, and others.

Record: Folk Dances of Austria No. 1 and 2 Folkways FW 8837 and FW 8838 (LP).

SEVEN STEPS Austria
(Siebenschritt)

Music: Record: FW 8837, LP 4/4 meter.
Formation: Cpls side by side, facing LOD, inside hands joined at shoulder height.
Steps: Run, Skip, Step hop.
Meas: Pattern
4 Introduction.
1-2 7 short running steps fwd, beginning outside ft.
3-4 7 short running steps bkwd.
5-6 3 short running steps away from each other, M to L, W to R, and 3 short running steps twd each other.
7-8 With 2 hands joined skip once around CW in 4 skip steps, or (in ballroom pos) 4 step hops twice around.
9-10 Same as 5-6 only M moves fwd to next W.
11-12 Same as 7-8 but with new ptr.
Start dance from the beginning.

Presented by Walter Grothe

FOLK DANCE CAMP - 1970