

ZU LAUTERBACH (Continued)

4. Facing in clockwise direction, with WR in M L hand, repeat the action of steps 1 to 3.
5. Joining two hands M steps L (cts. 1, 2) and closes R to L (ct. 3). W same on opposite ft. M steps L (cts. 1,2) and swings R up across in front of L (ct. 3). W step R swing L.
6. Repeat action of step 5 to opposite direction M starting R and W L.
7. Taking two waltz steps, wring the dishrag. The M turns L and the W R.

8. With both hands on hips, partners face and stamp. M stamps L, R (ct. 1 and) L (ct. 2), R (ct. 3) and L (ct. 1) hold (cts. 2, 3). W stamps R-L, R, L, R.
9. W grasps M middle finger with her R hand, L hand on hip. In this position, the W waltzs forward turning R under the M arm. The M waltzs forward without turning starting with the L ft. W starts waltz with R ft.
10. In shoulder-waist position, couple waltz around the hall.

SCANDINAVIAN WALTZ

Record: Victor V20075A

Formation: Double circle, partners facing, inside hands joined.

1. (Described for the man, woman the same with opposite foot.) Pas de basque forward to the L and back to the R. Turning away from partner turn in two waltz steps. Repeat pattern.
2. In waltz position waltz at will around the hall. Repeat dance.

SIERRA POLKA

Arranged from various versions of the heel-toe polka as performed in Northern California

Music: Clarinet polka or any polka suitably arranged for a heel-toe polka

Formation: Couples in crossed hands position, M with R on top, facing forward.

1. Heel-toe polka step forward and in reverse direction. Repeat.
B. 8 push pull polka steps moving forward around the room and revolving clockwise.
2. Heel-toe polka step forward and reverse. Repeat.
B. In cross-arm grasp, polka in place 7 polka steps and end facing forward with three steps in place.

SIERRA POLKA (Continued)

3. Couple in open position with the M to the L and in back of the W execute heel toe polka step: (The W on the step moves from the R side of the M to the L side on the heel-toe polka step.)
 - B. In La Varsouviana position, couple polkas forward 7 steps. On the 8th polka, the W turns to face the M.
4. In ballroom position, couple do heel-toe polka step forward and reverse. Repeat.
 - B. Slide forward four steps, on the fifth step, the M shifts to move on the outside as the couple continues to slide forward. Continuing, the couple take two polka steps in a clockwise direction, and end with 4 pivot steps in place.
5. In ballroom position, couple do heel-toe forward and reverse.
 - B. In ballroom position revolve clockwise around the room in seven polka steps ending with three steps in place.
6. In open position, couple execute heel-toe polka step forward and reverse changing hands at the end of each heel-toe polka step.
 - B. With M holding W inside hand, W revolves clockwise as M polkas beside her. W takes 7 polka steps ending with three steps in place.

Repeat all of above.

PHILIPPINE CHOTIS

Music: Dances of the Philippines - Reyes-Tolentino

Formation: Couples in ordinary dance position facing forward.

1. In ordinary dance position, M slides L foot forward and back to R. Repeat. W does same on opposite foot (R). With three walking steps (M--L, R, L and W--R, L, R) and a pause, dancers wheel clockwise in place but continue to face forward. M is on the outside, W is on inside. Repeat with M starting sliding R foot fwd, and W L foot. Couple again wheel clockwise in place with M on inside, W on outside. Continue for 8 measures in all.
2. With W hands on skirt, and M hands on hips, dancers take 3 gallop steps and a pause moving to own R. Repeat moving back to partner. In ordinary dance position turn in three step-hops and hold. Repeat above figure 8 measures in all.
3. Repeat native Chotis as noted above in figure 1.
4. In ordinary dance position take 16 step-hops moving forward around the room while turning clockwise.

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1950 Philippine*