

Signa

(Bulgaria)

From the village of Sofronievo, North Bulgaria. This is a very good example of the Vlachs Dances from Bulgaria.

Pronunciation:

CD: ILBD # 9 - 2002

2/4 meter

Formation: Mixed open circle, leader at R end. The hands are on belts.

Meas

Pattern

16 meas INTRODUCTION. No action.

FIGURE I

- 1 Facing diag R, hop on L in place (ct 1); leap onto R to R side (ct &); leap onto L across R (ct 2); hold (ct &).
- 2-3 Repeat meas 1 twice.
- 4 Jump on both ft close together (ct 1); Hop on R while kicking with L to R side (ct 2).
- 5 Hop on R in place while turning body to L side (ct 1); leap onto L behind R (ct &); leap onto R next to L (ct 2); hold (ct &).
- 6 Facing diag L, jump on both ft close together (ct 1); hop on L while kicking with R ft to L side (ct 2).
- 7 Hop on L in place while turning the body to face ctr (ct 1); leap onto R in place (ct &); leap onto L across R (ct 2); leap onto R behind L (ct &).
- 8 Facing ctr, leap onto L next to R (ct 1); leap onto R across L (ct &); leap onto L behind R (ct 2); hold (ct &).

FIGURE II

- 1 Step on R heel twd ctr (ct 1); step on L behind R (ct &); step fwd on R (ct 2); hold (ct &).
- 2 Repeat meas 1 with opp ftwk.
- 3 Jump on both ft, R ft back and L ft in place (ct 1); jump on both ft moving bkwd, L ft back and R ft in place (ct 2).
- 4 Repeat meas 3.
- 5 Jump on both ft close together in place (ct 1); hop on R in place while kicking L ft fwd (ct 2).
- 6 Repeat meas 5 with opp ftwk.
- 7 Hop on L in place while bending R knee and kicking R heel bkwd (ct 1); hop on L in place while kicking R heel fwd (ct 2).
- 8 Hop on L in place while bending R knee and kicking R heel bkwd (ct 1); "pointed" hop on L while kicking R heel fwd, slightly bending body (ct 2).

FIGURE III

- 1 Facing ctr, hop on L in place while stamping R heel to R side, no wt (ct 1); hop on L in place while stamping R heel next to L toes, no wt (ct 2).
- 2 Repeat meas 1.

Signa—continued

- 3 Leap onto R in place while stamping L heel to L side, no wt (ct 1); hop on R in place while stamping L heel next to R toes, no wt (ct 2).
- 4 Hop on R in place while stamping L to L side (ct 1); hop on R in place while stamping L heel next to R toes, no wt (ct 2).
- 5 “Scissors,” leap bkwd onto L, R leg extending straight in front (ct 1); leap bkwd onto R, leg extending straight in front.
- 6 Jump on both in place close together (ct 1); hop on L while kicking R ft fwd (ct 2).
- 7 Repeat meas 6 with opp ftwk.
- 8 Repeat meas 6.

Sequence: Fig I twice; Fig II twice; Fig III twice.
Repeat this sequence until the end of the music.

Presented by Iliana Bozhanova and Lyuben Dossev

S I G N A

The musical score for "S I G N A" is written in treble clef with a key signature of one sharp (F#) and a 2/4 time signature. It consists of seven staves of music, each starting with a measure rest and a first ending bracket. The notation includes eighth and sixteenth notes, often beamed together, and various rhythmic markings such as accents and slurs. The first staff is marked with a "1" and "x4" at both ends. The second staff has first and second endings labeled "1.,3." and "2.,4." respectively. The third staff begins with a treble clef and a common time signature. The fourth staff has a "4" above the first measure. The fifth staff has a "5" above the first measure. The sixth staff has first and second endings labeled "1.,3." and "2.,4." respectively, with a "6" above the first measure. The seventh staff has a "7" above the first measure. The score concludes with a double bar line and repeat dots.

The musical score consists of five staves of music in G major. The first staff contains a melodic line with eighth and sixteenth notes. The second staff begins with a measure marked '8' and includes a first ending. The third staff begins with a measure marked '9' and includes a first ending. The fourth staff includes a first ending marked '1.' and a second ending marked '2.'. The fifth staff begins with a measure marked '10' and includes a first ending marked '1.' and a second ending marked '2.' that concludes with a double bar line and a repeat sign. The word 'Fine' is written below the end of the fifth staff.