

SIMBETHERA *or Mother-in-Law.*

Simbetherā means "relative-by-marriage" It is from Florina, Makedonia and was learned by Nikie Saffas in Florina from Simos and Polixeni Konstantiru

Rhythm: 4/4  
 Record: Florina FL 2C  
 Formation: Dancers in a line in "V" pos changing to "W" pos as indicated below.

MeasPattern

## I. Basic

- 1 In "V" pos, facing and traveling R, hop L; R sweeps across L, knee bent (ct 1); hop L again (ct &); step R; L remains in place (ct 2); bounce lightly R (ct &). Close L to R (ct 3); step and bend on R (ct 4).
- 2 Still in "V" pos; facing and traveling R step and bend on L (ct 1); step and on R (ct 2); step and bend on L slightly twd ctr (ct 3); step and bend on R (ct 4).
- 3 In place and facing ctr bring hands up to a high "W" pos. The line will move bwd slightly. ~~step~~ Hop R, L reels behind R (M makes a large arc) (ct 1); step L behind R (ct 2); ~~step~~ Hop L, R reels behind L (ct 3); step R behind L (ct 4).
- 4 Still facing ctr & in "W" pos hop R, L reels behind R (ct 1); step L behind R (ct 2); step back R (ct 3); step L across in front of R (ct 4).

## II. Variation - Skips

- 1-4 Repeat action of meas 1-4, Part I, taking 4 skipping steps on meas 2.

## III. Variation - Skip-Turns

- 1-4 Repeat action of meas 1-4, Part II, turning CW with 4 skipping steps on meas 2.

## IV. Variation - Polixeni's

- 1-3 Repeat action of meas 1-3, Part I;
- 4 Hop R (ct 1); step L behind R (ct 2); step R, crossing in front of L (ct 3); step L in place (ct 4).