

ORCHA BAMIDBAR

(YAMIN USMOL)

Dance: Y. Karmon
Music: D. Zehavi

Formation: Palm to Palm handhold, M arm in front of W arm. Ftwork same for both M and W unless otherwise.

Cts**Part I**

- Pattern**
- 1-2 Step R on W. Step in place on L.
3-4 Step fwd on R, hold.
5-8 Step back on L, close R to L, step fwd L, hold.
9-15 Repeat cts 1-7.
16 Brush R, preparing for next movement.
17-21 Moving in small 1/2 circle to R, step R, L, R, L, R. (bend knee on R steps).
22 Brush L, preparing for next movement.
23-30 Retracing circle to L, step L, R, L, R, L, R, close L to R bending knees.
31 Separating, still holding hands, raise arms up, knee bent, bring R leg up fwd, make an arc to step R with R. R takes a wide step.
32 Step L in place.
33-34 Touch R heel fwd, touch R toe fwd.
35-36 Step R bkwd. Step L in place.
37-38 Brush R leg fwd, knee bent, and swing a high, wide arc to R.
39-44 Repeat cts 31-36. On ct 44 M steps L across R, moving behind W: W steps L across in front of M.
45-46 M touch R to R side, no wt. W step across L on ball of ft. Hold. Raise joined hands and W look at ptr. over L shoulder on ct 45.

Part 2 (W steps noted-M do opp). Release hands and extend to sides.

- 1-4 Step L on L, cross R in front.
5-6 Step L on L.
7-8 Step on R across L and do a 3/4 turn L to face ptr.
9-12 Step fwd L, P, L, back on R.
13-14 Step bkwd L, leaving R pointing twd ptr, hold. M steps fwd on R and back on L and joins his L with W R hand. From here to end of dance ftwork is the same for both M and W
15-20 Repeat cts 31-44, Part I.
29-30 Brush R straight fwd and hold.
31-32 Turn to face ptr, join both hands, step R to R and L in place.
33-34 Touch R heel fwd, touch R toe fwd.
35-36 Lift on L, step twd ptr on R, knee bent.
37-38 Close L to R and raise up on balls of ft. (ct 37) Hold (ct 38) Release.
39-42 One complete turn to R, starting on R, & with ft together. hands
43-46 Step bkwd R fwd L, close R to L, and hold.

Part 3

- 1-2 R hands joined, step L to L.
3-4 Close R to L and do deep knee bend.
5-6 Still in knee, swivel 1/4 of turn to R, to face ptr.
7-8 Straighten legs.
9-16 Join L hands below R, straight down, raise R hands above head, L-shoulders adjacent, turn 1 1/4 CCW, stepping L together, 4 times.
17-32 Repeat action of cts 1-16, part 3, reversing ftwork & direction, except that on cts 25-32 R elbows are brought between ptrs so that outside of upper arms are adjacent & the ptrs look at each other through - window thus formed. Turn CW 3/4 of a turn to finish in original pos. W making an extra 1/2 turn to finish on M R.

SIMCHAT HE'AMELDance: Moshe Eskayo
Music: Effi Netzer

Formation: Circle dance; hands held down

Measure Part I (Moving CW)

- 1 Mayim to L with R ft
2 Leap L, run R, leap L, run R
3 Repeat meas 1
4 Balance R-L
5 Repeat Meas 1
6 1 Simchu na turn
7 Repeat meas 1
8 4 kicks bk starting with L ft

Part II (Moving CCW)

- 1 Stamp on R ft, run on L ft, leap on R & run on L ft
2 2 hop turns-start with R ft
3 Step R to R, Step L to R, Lift R to R side, step on R fwd, cherkessiya fwd & close

Repeat Part II one more time