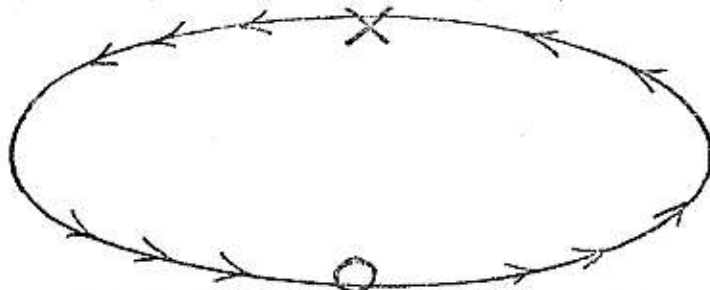


SINGATHISTO

SINGATHISTO

Ipiros

This is a non touching couple dance in 15/16 rhythm. You start the dance facing each other as in the diagram below, and move around the ellipse as indicated. Note that each of you uses the same foot work and travels in the same relative direction.



- ♩ 1 Swing entire body to face slightly out of the ellipse, and step on L ft to the right
- ♩ 2 Swing entire body to face slightly into the ellipse, and step on R ft to the right
- ♩ 3 Swing entire body to face slightly out of the ellipse again, and step on L ft to the right
- ♩ 4 Leap and turn counterclockwise so that when you land on your R ft you are facing your partner, at the other end of the ellipse.
- ♩ 5 Leap onto L ft. in place

- ♩ 1 Swing entire body to face slightly into the ellipse, and step on R ft to the right.
- ♩ 2 Swing entire body to face slightly out of the ellipse, and step on L ft. to the right.
- ♩ 3 Swing entire body to face slightly into the ellipse, and step on R ft to the right
- ♩ 4 Leap and turn clockwise so that when you land on your L ft you are facing your partner at the other end of the ellipse.
- ♩ 5 Leap onto R ft in place

PRESENTED by ANDY and NIKIE SAFFAS / NORTHWEST BALKAN CAMP / 1980

directions by Mary Hoagland