

Šira

(Village Pokraina, Vidin Region, North-west Bulgaria)

Source: Tsvetanka Vasileva Georgieva (Kalin Kirilov's Mother) at EEFC Iroquois Springs, NY
August 2006

Music: Festival 2008 CD

Formation: Open circle with V-hold

METER: 4/4

PATTERN

Meas

- 1 Facing slightly R of ctr, step Rft with slight accent (ct 1); close Lft to Rft (ct &); step Rft to R (ct 2); close Lft to Rft (ct &); step Rft to R (ct 3); Slap Lft with wt fwd in front of Rft (ct 4).
- 2-3 Repeat action of meas 1 (3 times in all)
- 4 Turning to face ctr, step Rft fwd toward ctr with accent (ct 1); step Lft back away from ctr (ct 2); step Rft slightly to R (ct 3); step Lft in front of Rft (ct &); step Rft back to place (ct 4); lift on Rft in place and lift Lft slightly fwd (ct &).
- 5 Step Lft slightly to Lft (ct 1); step Rft in front of Lft (ct &); step Lft back to place (ct 2); lift on Lft in place and lift Rft slightly fwd (ct &); repeat action of cts 3-4 of meas 4 (cts 3-4)
- 6-10 Reverse action of meas 1-5 doing dance to the left (CW).

*Note: It is also common to move only to the right by adding cts 1-2 of meas 5 at the beginning of meas 6 (only 2 cts) and then beginning dance from meas 1 again moving to the right.