

ŠIRA (SHEEH-rah) - Bulgaria-Vlach

Presented by: Yves Moreau

This dance comes from the small town of Kula, Vidin District, Northwest Bulgaria. It was collected by Yves Moreau during the summer of 1973. This dance shows a mixture of both Romanian and Serbian influences.

Meter: 2/4. Formation: Mixed lines or open circles. (Like "Setnja"-L arm bent hand resting on waist, R arm bent "hooked" to person on R. Face ctr, wt on L. Style: Knees bent slightly. Steps are small & lite. Movements on balls of feet.

Meas PATTERN

- 1-8 No movements - Introduction
- 1 Facing ctr, small leap onto R to R (ct &), small step onto L in front of R (ct 1), small leap onto R to R (ct &), small step onto L behind R (2).
- 2 Repeat pattern of measure 1 exactly
- 3 Face ctr, small step onto R to R (ct 1), small hop onto R, simultaneously raising L leg in front of R slightly (ct 2).
- 4 Face ctr, small step on L to L (ct 1), small step onto R crossing in front of L (ct &), step onto L in place (2), step onto R next to L (ct 2).
- 5 Step onto L crossing in front of R (ct 1), step onto R in place (ct &), step onto L next to R (2), step onto R crossing in front of L (ct 2).
- 6 Step onto L in place (ct 1), step onto R next to L (ct &), step onto L crossing in front of R (2), step onto R in place (ct &).
- 7 Step onto L to L (ct 1), slide R to L closing to L (2).
- 8 Repeat meas 7, cts 1,2. Leap on to L (ct &). Dance begins again.

Note: Music starts slowly, getting faster and faster till end.

COCONEASA (koh-koh-NEEAH-sah) - BULGARIAN - VLACH. Presented by: Y. Moreau

Dance was learned by Yves Moreau from village dance group in Stanevo, near Lom (Mihajlovgrad district) northwest Bulgaria in the fall of 1971.

Meter: 2/4. Formation: Short lines, about 8 people, mixed. Belt hold, L over R. Facing ctr. Style: Knees bent slightly. Steps are small, heavy, and close to ground. Upper part of body is erect. Intro: Start at beginning of musical phrase.

Meas Pattern I BASIC

- 1 Facing ctr, small step on R to R (1). Step on L in front of R (2).
- 2 Step on R to R (1). Step on L directly in back of R (2).
- 3 Repeat pattern of meas. 1.
- 4 Small step on R to R (1). Small hop on R raising L, bent knee.
- 5 Repeat pattern of meas 4, with opposite ftwork.
- 6 Repeat meas 4.
- 7-12 Repeat pattern of meas 1-6, reversing direction and ftwork.

II HEEL CLICKS

- 1-3 Repeat pattern of meas 1-3, part I.
- 4 Step on R to R, slight knee bend, holding L in place (1). Close L to R clicking heels (2).
- 5 Reverse pattern of Meas 4.
- 6 Repeat meas 4.
- 7-12 Repeat pattern of meas 1-6, part II, reversing direction and ftwork.

III HEEL CLICKS & CHUGS

- 1-6 Repeat pattern of meas 1-6, part II.
- 7 Facing diag L, small leap on L, lifting R in back sharply (1). Small sharp jump onto both ft with slight knee bend (2).
- 8-9 Repeat pattern of meas 7 part III two more times.
- 10-12 Repeat pattern of meas 10-12, part II.

Note: No set sequence to dance. Leader calls changes. Above order is recommended.