

SIRDES
(Armenia)

10

SOURCE: Armenian Youth Organizations in Los Angeles. This dance, under the name "Armenian Misirlou" was taught by John Filcich, who learned it from Frances Ajoian.

PRONUNCIATION: SEER-duhs... "My Heart".

MUSIC: X106-A Express.

FORMATION: Open, mixed circle with little finger hold at sho height.

MUSIC: 4/4

PATTERN

Meas

- 1 Facing ctr, touch L across R (cts 1,2); touch L to L (cts 3,4).
- 2 Repeat Meas 1.
- 3 Step L over R (cts 1,2); cross R over L (cts 3,4).
- 4 Cross L over R (ct 1); step R to R (ct 2); step L behind R (ct 3); step R to R (ct 4).

NOTE: Dance begins where musical phrsase begins.

Presented by John Filcich
Idyllwild Weekend - 1974