

S I R E G H E A

de la Utvin - Banat

Besides the men dance "Brâul" and the couple dance "De doi" which are widely spread in all the villages of Banat, there are also simple line dances such as "Şireghea". The name comes from the word "şir" which means file or row and it represents the position of the dancers in a file during the main part of the dance. In the Flat Land part of Banat it bears this name "Şireghea" while in the Banat mountainous area a similar dance is called "Tandăra". The dance presented here has 4 parts each of 8 meas.

Pronunciation: shee-RA-gheeah deh lah OOT-veen

Formation: mixed circle with hands in V-pos

Rhythm: 2/4 meter

Videotape: Lia and Theodor Vasilescu. 25 Romanian Folk Dances 8
PATTERN

Measure

INTRODUCTION: 8 meas. No action.

PART A

- 1 Facing and moving in LOD, four small steps RLRL (cts 1,&,2,&).
- 2 Following the same direction, step on R (ct 1); step on L (ct &); step on R (cts 2,&).
- 3 Facing ctr, leap on L while R is raised in front of L (cts 1,&); leap on R while L is raised in front of R (cts 2,&).
- 4 Leap on L (ct 1); step on R across L (ct &); step on L behind R (cts 2,&0).
- 5-8 Repeat meas 1-4.

PART B

- 1 Facing ctr and moving aside in LOD, step on R to R (ct 1); step on L across R (ct &); step on r to R (ct 2); step on L next to R (ct &).
- 2 Step on R to R (cts 1,&); hop on R while L is raised in front of R (cts 2,&).
- 3 Facing ctr, leap in place on L (ct 1); step on R across L (ct &); step on L behind R (cts 2,&).
- 4 Leap on R in place (ct 1); step on L across R (ct &); step on R behind L (cts 2,&).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

PART C

- 1 Facing LOD and moving aside diag R out of circle, stamping step on R (cts 1,&); lift and drop on R heel (ct 2); step on L across R (ct &).
- 2 Step on R (cts 1,&); touch L on ball in front of R (cts 2,&).
- 3-4 Repeat meas 1-2 with opp ftwk moving diag L inside circle.
- 5-8 Repeat meas 1-4.

PART D

- 1-2 Repeat meas 1-2 of Part B.
- 3-4 Repeat meas 1-2 of Part B with opp ftwk and direction.
- 5 Facing ctr and moving aside in LOD, stamping step on R to R (cts 1,&); lift and drop on R heel (ct 2); step on L next to R (ct &).
- 6 Stamping step on R to R (cts1,&); stamp without wt on L in front of R (cts 2,&).
- 7-8 Repeat meas 5-6 with opp ftwk and direction.

SEQUENCE: Repeat pattern four times. © 2004 by Theodor Vasilescu

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