

SISU ET YERUSHALAYIM

Israel

*Rejoice in Jerusalem*

The name of the dance means, "make Jerusalem happy" and was choreographed by Ya'akov Eden.

RECORD: Dances in the Garden of Eden (LP) YE 1001

FORMATION: Cpls in a circle facing LOD, with inside hands joined at shldr height.

STEPS: Debka - touch L heel fwd (ct 1), small leap onto L (ct 2), repeat cts 1-2 with opp ftwk (cts 3-4).

Yemenite L - step L to L, R remains in place (ct 1), step on R in place (ct 2), step L in front of R (ct 3), hold (ct 4).

Debka Yemenite to L - step L to L, R remains in place (ct 1), step on R in place (ct 2), touch L heel in front of R (ct 3), leap onto L (ct 4).

NOTE: Steps are described for M, W use opp ftwk.

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METER  $4/4$   
Meas.

PATTERN

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FIG. I: (Inside hands joined at shldr height)  
1 2 Debka steps moving fwd in LOD (touch L,R heel).  
2 Debka Yemenite to L.  
3 2 Debka steps moving fwd in LOD (touch R,L heel).  
4 Debka Yemenite bwd with R.  
5-8 Repeat meas 1-4.

FIG. II: (Inside hands joined and down)  
1-2 4 Debka steps in LOD (touch L,R,L,R heels).  
3 Leap fwd on L (ct 1), step fwd on R (ct 2), repeat cts 1-2 (cts 3-4).  
4 Debka Yemenite to L, turn 1/2 turn (M-CW, W-CCW) and change hands.  
5-8 Repeat meas 1-4 with opp ftwk and direction.

FIG. III: (Both hands joined straight across, M back to ctr, W faces M)  
1 With ft together, jump to L (ct 1), jump to R, land on R (ct 2), bend R (ct &), place L heel across R (ct 3), hold (ct 4).  
2 Repeat meas 1 with opp ftwk  
3-4 Yemenite L,R. Note: The arms describe a circle (from joined at shldr height and together they move up and away from each other and down towards hips, around and together around waist level. The up movement comes on the first Yemenite and down on the second).

*Continued...*

SISU ET YERUSHALAYIM, Cont'd.

- 5-6 Grapevine step to L (touch-step L to L (ct 1-2), touch-step R behind L (cts 3-4). Touch-step L to L (ct 1-2), touch-step R in front of L (cts 3-4). Note: All Grapevine steps are done as Debka steps
- 7-8 With 4 Debka steps (start R heel), make 1 turn away from ptr (M-CCW, W-CW). Rejoin in orig pos as in Fig. I, to repeat dance.

Presented by Karen Codman

Camp Hess Kramer Institute, October 1976

This dance was presented at the 1976 Idyllwild Folk Dance Camp by Ya'akov Eden.