

(.b1dnoe) U212

SISU ET YERUSHALAYIM

Israeli Couple Dance

Translation: Make Jerusalem Happy
Dance: Ya'akov Eden
Record: Dances In the Garden of Eden YE -1001
Basic Steps: Debka, Yemenite
Formation: Couples in a circle facing LOD (CCW)
Note: Steps are described for the men,
women use opposite foot.
Meter: 4/4

Measure Counts Description

Part A- semi closed position

1-4 2 Debka steps: L,R in LOD
2-4 Yemenite step L
Note: cts. 3 and 4 are a Debka step L
3 1-4 2 Debka steps: R,L in LOD
4 1-4 Backward Yemenite step R
Note: cts. 3 and 4 are a Debka step R
5-8 Repeat meas. 1-4, Part A

Part B - simple hold, W on M's R

1-2 4 Debka steps: L,R,L,R in LOD
3 1-2 Leap L, step R
3-4 Repeat cts. 1 and 2, meas. 3, Part B
4 Yemenite L while turning CW one half
turn, change hands
5-8 Repeat meas. 1-4, Part B. Reverse
footwork and direction

Part C - both hands joined, M with back
to center, lady faces M.

1 1 Jump with feet together to L
2 Jump to R, land on R
and 3 Bend R while placing L heel across R
4 Hold

(contid.)

SISU (contid.)

<u>Measure</u>	<u>Counts</u>	<u>Description</u>
2		Repeat meas. 1, Part C, reverse footwork and direction
3-4		2 Yemenite steps: L,R **
5-6		Grapevine step: L to L, R behind L, L to L, R in front of L
7-8		Note: All steps are Debka steps 4 Debka steps, turning 1 turn away from partner, CCW; rejoining in semiclosed position.

Presented by Ya'akov Eden

** while the arms describe a circle (from joined at shoulder height and together they move up and away from each other, around and down towards hips, around and together around waist level. The up movement comes on the first Yemenite and the down movement comes on the second.