

SITNO KRAJDUNAVSKO HORO
Bulgaria

TRANSLATION: Small stepped line dance

This dance is from the Danube river area in north Bulgaria, which is also called the ethnographical region of "Severnjaško." The Danube river forms a natural border between Romania and Bulgaria. The influence of the "Vlach" minorities is very present in both the musical, and the dance folklore of north Bulgaria.

This dance was learned by Jaap Leegwater during a field research trip with Ivan Donkov, dance researcher and specialist in northern Bulgaria village dances, from Veliko Târnovo in 1979.

This dance was presented by Jaap at the 1987 Santa Barbara Symposium.

MUSIC: Bulgarian Folk Dances (tape) JL 1987.01 by Jaap Leegwater.

FORMATION: Lines or open circle with hands joined in "W" pos.

METER: 2/4

PATTERN

Meas

INTRODUCTION: 16 meas

PART I: NAPRED - NAZAD (Fwd & Bkwd)

- 1 Facing and moving twd ctr, step R-L fwd (cts 1-2).
- 2 Step R fwd (ct 1); lift L knee fwd (ct 2).
- 3 Facing ctr and moving bkwd, step L-R bkwd (cts 1-2).
- 4 Step L bkwd (ct 1); swing R heel bkwd (ct 2).
- 5-7 Repeat meas 1-3.
- 8 Jump on both ft tog in place in plie (ct 1); comp up with a leap onto L as R arcs sdwd from behind to a fwd pos (cts 2).

PART II: SITNO (Small)

- 1 Facing ctr and dancing in place, small step R fwd (ct 1); step L bkwd (ct &); step R across L (ct 2); step L back in place (ct &).
- 2 Small step R fwd (1); step R bkwd (ct &); hop on L as R knees lifts fwd (ct 2); step R next to L, no wt on L (ct &).
- 3-8 Repeat meas 1-2 alternating ftwk and direction, 3 more times. (4 in all) On final hop-step, lower arms to behind body in prep for forward swing.

Cont

PART III: HEJ

- 1 Facing ctr, strong step on R fwd - arms swing fwd (ct 1); turning to face diag R, hop on R as L begins to arc bkwd, knees close tog - arms swing bkwd (ct 2); step L behind R (ct &).
- 2 Repeat meas 1. (Total of 2 reel steps)
- 3 Facing ctr with hands in "V" pos, step R to R (ct 1); step L behind R (ct &); step R fwd in place (ct 2); step L to L (ct &).
- 4 Step R behind L (ct 1); step L fwd in place (ct &); step R to R (ct 2); step L behind R (ct &).
- 5-16 Repeat meas 1-4, 3 more times. (4 in all)

PART IV:

- 1 Facing ctr, hop on L as R quickly arcs sdwd and back (ct 1); step R behind L (ct &); step L to L (ct 2). (Cts 1,& is a "reel steps")
- 2 Step R across L, leg straight (ct 1); step R back in place (ct 2).
- 3 Facing ctr and moving sdwd R, step R to R (ct 1); step L behind R (ct &); step R to R (ct 2).
- 4 Step L across R, leg straight and flat footed (ct 1); step R back in place (ct 2).
- 5 Hop on R as L quickly arcs sdwd and bkwd (ct 1); step L behind R (ct &); leap R back in place, sharply lifting L knee fwd with flexed ft (ct 2).
- 6 Facing ctr and moving sdwd L, step L to L on heel (ct 1); step R behind L with slight plie, lift L knee fwd (ct &); repeat cts 1-& (cts 2-&).
- 7 Facing and moving twd ctr, leap low fwd on L, lift R bkwd (ct 1); low leap fwd on R, lift L bkwd (ct 2).
- 8 Step L-R-L fwd with accent (stamp) (cts 1-&-2).

Repeat entire dance from beg 2 more times. Finish with stamp on L ft next to R.

Presented by Beverly Barr
Camp Hess Kramer Institute
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