

SITNO ŽENSKO HORO

15.

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(Bulgarian)

~~(Note: Letter S = SH)~~

FORMATION: Danced by girls only; in short lines using belt hold.
Learned by Dennis Boxell, in London in 1961.

RHYTHM: 2/4 time.

RECORD: SLA-1000 (Sopska Laza, Side 1, Band 3). or FESTIVAL LP B-4000

MEAS.	CT.	PATTERN
		FIG. I "STEP HOPS"
1	1	Facing diagonally R, step on R ft. and hop on R ft.
	2	Same as ct. 1, only on L ft.
2	1	Step R ft R, continuing R.
	&	Draw L ft up to R ft, taking weight
	2	Step R ft R
	&	Hop on R ft.
3-4		Same as meas. 1-2, only begin with L ft.
5-8		Same as meas. 1-4, only do not hop on meas. 8, ct 2&.
		FIF. II "HEEL-TOE STEP"
1	1	Facing diagonally L, hop on L ft thrusting R ft fwd. touching R heel on ground, slightly fwd and to R of L heel toe.
	2	Hop again on L ft touching R toe slightly fwd and to R of L arch.
2	1	Repeat meas. 1, ct 1.
	2	Hop on L ft, step R ft behind L ft.
3	1	Hop on R ft, step L ft behind R ft.
	2	Hop on L ft, step R ft behind L ft.
4	1	Hop on R ft facing diagonally R, and thrust L ft fwd. touching L heel on ground slightly fwd and to L of R toe.
	2	Hop again on R ft touching L toe slightly to L of R arch.
5	1	Repeat meas. 4 ct 1.
	2	Hop on R ft step L ft behind.
6	1	Hop on L ft, step R ft behind.
	2	Hop on R ft step L ft behind.
7-8		2 two-steps fwd, beginning with R ft.
9-16		Repeat meas. 1-8.
		FIG. III
1	1	Facing fwd and moving to L, cross R ft in front of L ft putting weight on R ft briefly.
	&	Step on L ft moving L
	2	Repeat ct. 1
	&	Repeat ct. 1 &
2		Same as meas. 1, only hold on ct. 2&.
3-4		Same as meas. 1-2, only with opp. footwork.
5-8		Repeat 1-4
9-10		2 two-steps fwd. bending slightly fwd.
11		Hop on Lft. thrusting Rft. in front of Lft. low in air
12	1	Hop on Lft, step Rft. behind Lft.
	2	Hop on Rft, step Lft. behind Rft.
13		Chug back on both feet (* Girls "Yip")
14-18		Repeat 9 - 13

*Note: 4 "7's" with tiny hop
To change direction
each time, moving
slightly forward on
each hop-change.*

Repeat dance from beginning.

Notes revised by Eleonora Park to conform to dance as presented by Yves Moreau in Edmonton, June, 1979.