

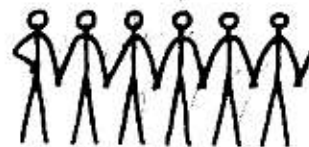
SKOPSKA CRNOGORKA--Skopje region
(Line dance, no partners)

Mokelomin

Translation: Crnogora (literally, "Black Mountain") is
a mountain near Skopje.

Record: Folkraft LP-15, side B band 4 (2:31).

Starting Position: "V" position. Right foot free.







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Music 2/4

Measure

VARIATION I

- 1-2 Facing slightly and moving right, two LIFT-STEP-STEPS (left) forward.
- 3  Turning to face center, STEP-SWING (right).
- 4  Turning to face slightly and moving left, LIFT-STEP-STEP (right) forward.
- 5  Turning to face slightly right but still moving left, LIFT-STEP-STEP (right) backward.
- 6  Three quick steps (left, right, left) in place (counts 1-and-2).






VARIATION II

- 1-6 As I above except HOP-STEP-STEP instead of LIFT-STEP-STEP on measures 1-2 and 4-5, and hop on right foot while swinging left across (count 2 of measure 3).

VARIATION III


- As I or II above except:
- 1-2 Facing slightly and moving right, two small TWO-STEPS (right, left) forward.

VARIATION IV

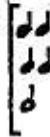
- As I or II above except:
- 1  Cross and a quick step on ball of right foot in front of left (count "ah" before count 1),
-  Step sideward right on left foot (counts 1-and),
-  Cross and a quick step on ball of right foot in back of left (count "ah"),
-  Step sideward right on left foot (counts 2-and),
-  Cross and a quick step on ball of right foot in front of left (count "ah").

Continued...

Skopska Crnogorka, continued

- 2  Step sideward right on left foot (counts 1-and),
Cross and a quick step on ball of right foot in back of left
(count "ah"),
Step sideward right on left foot (counts 2-and).

VARIATION V--Men's

- 1-3  Facing slightly and moving right, squatting halfway so knees
are bent, five walking steps forward starting with right foot
and turning body quickly in direction of each step (counts 1-5),
pause (count 6).
4-6 Turning to face center, three SQUAT-KICKS (right, left, right),..

VARIATION VI--Turns

- 1-6 As I or II except turning clockwise twice around during measures
1-2, and/or counterclockwise twice around during measures
4-5.