

Skopsko Žensko

(Macedonia)

Skopsko Žensko is a wedding dance performed with calm steps and is distinguished by elegance, especially by women dancers. It is usually led by one of the older women at the wedding, sobor, or other holiday. Žensko is one of the oldest dances in the Skopsko region (the area around Skopje). The music is usually performed by two zurlas and tapan.

Pronunciation:

Cassette: AK 4

Rhythm: 7/8/ meter (3/8, 2/8, 2/8 counted as 1, 2, 3)

Formation: Performed by women only in a line in W-pos.

Meas

Pattern

INTRODUCTION

FIGURE 1

- 1 Facing CCW, step fwd on R (ct 1); step fwd on L (cts 2,3).
- 2 Step fwd on R (ct 1); step on L,R (cts 2,3).
- 3-4 Repeat meas 1-2 with opp ftwk.
- 5-8 Repeat meas 1-4.

FIGURE 2

- 1 Step fwd on R (ct 1); step fwd on L and face ctr (cts 2,3).
- 2 Step on R to R (ct 1); Čučke on R and lift L ft next to R calf (cts 2,3).
- 3 Step on L to L (ct 1); step on R to ctr (cts 2,3).
- 4 Step back on L (ct 1); Čučke on L and bring R knee up in front (cts 2,3).

FIGURE 3

- 1 Facing LOD, step fwd on R (ct 1); Čučke on R (ct 2); step on L over R (ct 3).
- 2 Step on R to R and face ctr (ct 1); Čučke on R twice, bring L knee up in front (cts 2,3).
- 3 Step back on L (ct 1); step on R to R (cts 2,3).
- 4 Step on L over R (ct 1); small step fwd on R,L (cts 2,3).

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