

SKUDRINKA ( Skoo-dreen-kah)  
Record FOLK DANCER MH 3037

# Skudrinka

Macedonian Folk Dance

Originally from the town of Skudrinje in Western Macedonia, this dance is now performed regularly in many neighboring towns as well.

FORMATION: Dancers ( originally men only). L arm bent, holds neighbor's R hand near own shoulder. R arm is held rather straight out to side, where it rests in hand of neighbor on the R.

- Meas. 1. Tap L <sup>toe</sup> foot forward/r diagonally ( ct.1); pause (ct.2).  
2: Tap L <sup>toe toe</sup> foot ~~twice~~ more in same spot ( cts.1,2)  
3: Tap L <sup>toe</sup> ~~foot~~ once again in same spot ( ct.1); pause.  
4: Lift on R foot, raising L knee high in front ( ct.1); Step onto L foot in place beside R foot ( ct.2)  
5-8: Same as Meas.1-4 but with opposite footwork.  
9: Bring Left foot from the side and click feet together as in a salute ( ct.1); pause (ct.2).  
10: Lift on R foot, raising L knee high in frton ( ct.1); step onto L foot in place beside R foot ( ct.2).  
11: Lift on L foot and,raise R knee high in front (ct.1; "freeze" in this position ( ct.2).  
12: Facing to R, lift on L foot ( ct.1), step with R foot,(ct.2.)  
13. Continue to R with Lift on R foot ( ct.1) and a step with L foot (ct.2)  
14. Continue to R with Lift on Left foot ( ct.1) and step with R foot (ct.2).

NOTE: Women's style throughout this dance is much more restrained than the men's.



Dance directions by Dick Crum, Noted Balkan dance authority as presented by him at various workshops.  
Record and direction sheet published by FOLK DANCE HOUSE, 108 West 16 St. NYC 11  
Michael Herman, Director