

# The Sliabh Lucra Set

*SLIABH LUCRA*  
 The ~~Baile Bhúirne Jig~~ Set. Copyright © 1984, 1999 Brooks Academy.



## Sliabh Lucra Set - Figure 1

Figure 1 - Ladies Chain

Polka - 96 bars

Opening Position: Couples adopt the standard position.

A	Body	All four couples dance together one bar into the centre and one bar back to their own places. They then dance two bars around to the position of the couple to their right, turning clockwise as they go. The four couples repeat the movement three more times until they end up back in their starting positions.	16 bars
B	Figure	(a) <u>LADIES CHAIN</u> : TOP LADIES dance to centre, chain with right hands and pass each other, give left hands to opposite gents and dance around them, the gents turning with the ladies, dance to the centre again, chain with right hands and pass each other to return to their partners (8 bars).  (b) <u>SWING</u> : TOP COUPLES swing in place (8 bars).	16 bars
C	Body	All four couples dance the Body	16 bars
D	Figure	SIDE COUPLES repeat B.	16 bars
E	Body	All four couples dance the Body.	16 bars
F	House	All four couples dance house around.	8 bars

## Sliabh Lucra Set - Figure 2

Figure 2 - Show The Lady.

Polka - 160 bars

Opening Position: Couples adopt the standard position.

A	Body	All four couples dance the body as in Figure 1.	16 bars
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B	Figure	(a) <u>HOUSE</u> : 1ST TOPS dance around the house inside (8 bars).	16 bars
		(b) <u>HOME</u> : 1ST TOPS side-step into the centre (1 bar), and dance on the spot (1 bar); side-step back to their position (1 bar), and dance on the spot, (1 bar); then dance around at home (4 bars). 8 bars.	
C	Body	All four couples dance the Body	16 bars
D	Figure	<u>HOUSE &amp; HOME</u> : 1ST SIDES repeat B.	16 bars
E	Body	All four couples dance the Body.	16 bars
F	Figure	<u>HOUSE &amp; HOME</u> : 2ND TOPS repeat B.	16 bars
G	Body	All four couples dance the Body.	16 bars
H	Figure	<u>HOUSE &amp; HOME</u> : 2ND SIDES repeat B.	16 bars
I	Body	All four couples dance the Body.	16 bars
J	House	All four couples dance house around.	8 bars

### Sliabh Lucra Set - Figure 3

Figure 3 - In, Out, Round-About

Jig - 160 bars

Opening Position: Couples adopt the standard position.

A	Body	All four couples dance the body as in Figure 1.	16 bars
B	Figure	(a) <u>SLIDE</u> : TOP COUPLES side-step towards each other in the centre (2 bars), and then side-step back to their own positions (2 bars).	16 bars
		(b) <u>CHANGE</u> : TOP COUPLES dance half-way around the house to each other's position (4 bars).	
		(c) <u>SLIDE</u> : TOP COUPLES repeat (a) (4 bars).	
		(d) <u>CHANGE</u> : TOP COUPLES repeat (b) to bring them back to their own positions again (4 bars).	
C	Body	All four couples dance the Body	16 bars
D	Figure	<u>SLIDE &amp; CHANGE</u> : SIDE COUPLES repeat B.	16 bars
E	Body	All four couples dance the Body.	16 bars
F	Figure	<u>SLIDE &amp; CHANGE</u> : TOP COUPLES repeat B.	16 bars
G	Body	All four couples dance the Body.	16 bars
H	Figure	<u>SLIDE &amp; CHANGE</u> : SIDE COUPLES repeat B.	16 bars
I	Body	All four couples dance the Body.	16 bars
J	House	All four couples dance house around.	8 bars

## Sliabh Lucra Set - Figure 4

Figure 4 - Around The House & Mind The Dresser

Polka - 72 bars

Opening Position: Couples adopt the standard position.

A	Lead Around	All four couples dance anti-clockwise around until back in their original places.	8 bars
B	Figure	<p><u>(a) TURN THE LADY:</u> All the gents take their partners' right hands and turn their partners under their right arms four times, while dancing in place themselves. The ladies turn in a clockwise direction. 8 bars.</p> <p><u>(b) LADIES RIGHT HANDS IN:</u> The four ladies join right hands in the centre and wheel clockwise half-way around to the opposite gent. Each lady link left elbows with the opposite gent's left elbow and dances around him twice, the gent turning with the ladies. The four ladies then join right hands in the centre again and wheel clockwise around back to their own partners. 8 bars</p>	16 bars
C	Swing	All four couples swing in place.	16 bars
D	Lead Around	Repeat A.	16 bars
E	Figure	Repeat B.	16 bars
F	Swing	Repeat C.	8 bars

## Sliabh Lucra Set - Figure 5

Figure 5 - Slide

Slide - 256 bars

Couples about to dance adopt the standard position. Top couples dance the figure first while side couples leave the floor. Opening Position: When the tops finish they leave the floor and sides take up position. Sides are followed in the same way by tops again, and then finally sides again to finish. No more than 8 bars should be allowed to go by while the couples take up position.

A	Figure	<p><u>(a) HOUSE: TOP COUPLES</u> dance house around. 8 bars</p> <p><u>(b) SLIDE &amp; CHANGE:</u> Top couples side-step into the centre (2 bars), and then side-step back to their own positions (2 bars). They then dance half-way around the house to each other's position (4 bars). This whole movement is then repeated to bring them back to their original positions again. 16 bars.</p> <p><u>(c) HOUSE: TOP COUPLES</u> dance house around. 8 bars</p>	56 bars
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(d) SLIDE & CHANGE: TOP COUPLES repeat (b). 16 bars

(e) HOUSE: TOP COUPLES dance house around. 8 bars

B	Figure	SIDE COUPLES take the floor and repeat A.	56 bars
C	Figure	TOP COUPLES take the floor and repeat A.	56 bars
D	Figure	SIDE COUPLES take the floor and repeat A.	56 bars

## Sliabh Lucra Set - Figure 6

Figure 6 - Change Partners

Hornpipe - 160 bars

Opening Position: Couples adopt the standard position.

A	Body	All four couples dance the Body as in figure 1.	16 bars
B	House	All four couples dance house around.	8 bars
C	Change Partners	While the gents stand in place, the four ladies leave their partners and PARTNERS move around to take up the opening position with the next gent to their right. This movement is not danced (8 bars).	8 bars
D	Body	All four couples dance the Body.	16 bars
E	House	All four couples dance house around.	8 bars
F	Change Partners	Repeat C.	8 bars
G	Body	All four couples dance the Body.	16 bars
H	House	All four couples dance house around.	8 bars
I	Change Partners	Repeat C.	8 bars
J	Body	All four couples dance the Body.	16 bars
K	House	All four couples dance house around.	8 bars
L	Change Partners	Repeat C.	8 bars
M	Body	All four couples dance the Body.	16 bars
N	House	All four couples dance house around.	8 bars