

SLIVENSKO PAJDUŠKO HORO

SLIVENSKO PAIDUSHKO HORO (Bulgaria--Thrace)

Source: This dance comes from the village of Padarevo, Sliven County, Bulgaria.
Record: XOPO X-EP-309, or any other "Paidushko" music.
Rhythm: 5/16; counted 1-2 or quick-SLOW.
Formation: Men and women in separate lines, facing each other, using a belt hold.
Styling: Thracian dances are heavy. The men dance in a semi-sitting fashion, while the women remain very straight in a humble manner.

<u>Measure</u>	<u>Pattern</u>
1	Bending body slightly fwd and moving fwd, leap lightly fwd onto ball of R ft (ct 1). Step slightly fwd onto L ft (ct 2).
2-3	REPEAT pattern of meas 1 two more times.
4	With R ft free, leap onto R ft, crossing it in front of L ft (ct 1). Leap back onto L ft leaving R ft free (ct 2).
5	Hop in place on L ft (ct 1). Leap sideways R onto R ft (ct 2).
6	Stamp in place with L ft (ct 1). Stamp in place with L ft (ct 2).
7-8	REPEAT pattern of meas 5-6, but reversing ftwork and direction.
9-12	REPEAT pattern of meas 5-8.
13	Hop in place on L ft (ct 1). Step bwd onto R ft (ct 2).
14	REPEAT pattern of meas 13, but reversing ftwork.
15-16	REPEAT pattern of meas 13-14.

NOTE: It is a custom in Thrace to shout (i.e., "hopa," "iss-iss," etc.) when stamping with the feet.

Presented by Yves Moreau.
Description by Yves Moreau.