

SNURRBÖCKEN

(Sweden)

The name of the dance translates either as "whirl and bow" or "whirling billy goat," allowing for all sorts of foolishness. The dance shows the rustic people poking fun at the rich during the bow figure.

SOURCE: As taught at Stockton Folk Dance Camp by Gordon E. Tracy

FORMATION: Couples in shoulder-waist position scattered around floor.

Meas.

- I. TURNING
 1-8 "Left-foot polska" basic turning step (M: L, touch, R; W: both, R, L) 8 basic steps, 8 full turns moving fwd in LOD.
- II. RUNNING
 1-8 Break from shoulder-waist pos by releasing ML, WR arm pos, (keep MR arm around W waist, WR at M shoulder) and run fwd in LOD with 3 steps per meas. (Beginning with stamp on first count). End facing ptr, M inside.
- III. BOWS
 1,2 Large semi-serious bow to ptr.
 3 Turn CCW with 3 steps to face out (back to back with ptr).
 4 Bow again, away from ptr.
 5 With 3 steps turn back to face ptr and take shoulder-waist pos to repeat entire dance.

NOTE: The *delsbopolska*, or left-foot polska, is very fast and is done with a bounce on each count; no dip, as in a *Hambo*.

Presented at the 1977 Folk Dance Federation Teacher Training Program
 by Ned and Marian Gault