

SOLAISAI NA BEALTAINE

Presented by Una Kennedy O'Farrell

SWEETS OF MAY

Ireland

Sweets of May comes from the North of Ireland

RECORD: CYNDA 1023 ~~RIVERSIDE 7525~~ "Come to the Ceili" Side 2, band 2.FORMATION: ^{NATIONAL N4514} 4 cpls in square formation, cpl 1 with backs to music.

STEPS: A "Seven" in jig time (2 meas): When moving to the L, hop L (ct 6 of preceding meas), step R back of L (ct 1), step L to L (ct 3), step R behind L (ct 4) step L to L (ct 6), step R back of L (meas 2, ct 1), step L to L (meas 2, Ct 3) step R bdhind L (meas 2, ct 4). The "Seven" may also be done to the R reversing ftwork and direction.

A "Three" in jig time: Hop L (ct 6 of preceding meas), step R (ct 1) step L (ct 3), step R (ct 4). Next step starts hopping R and stepping LRL. A "three" may be danced in place or moving in any direction.

A Sidestep consists of one "seven" and two "threes". If the sidestep is danced to the L, the first "three" starts hopping R and stepping in place L behind R, R in front of L, L behind R, and the second "three" starts hopping L, etc. All Irish dance steps are done up on the ball of the foot in a relaxed easy style.

6/8

PATTERN

Meas

8 Introduction. All join hands at shoulder height.

I. SIDESTEP IN CIRCLE

A1-4 All circle L with sidestep to L

5-8 Circle back to place with sidestep to R. On last "three" take an extra step R (meas 8, ct 5) to adjust wt for next step.

1-4 Continue to circle R with sidestep to R.

5-8 Circle back to place with sidestep to L.

(repeated)

II. CHORUS(a) Promenade Across

B9-10 Ptrs join inside hands at shldr height, outside hands free. Cpls 1 and 3 exchange places throught the ctr of the set with two "threes", M passing L shldr. Cpls 2 and 4 dance two "threes" in place.

11-12 All dancing two "threes", cpls 2 and 4 exchange places while cpl 1 and 3 release hands, turn individually, M 1/2 CW, W 1/2 CCW, and join new inside hands at shldr height.

13-14 With two "threes" cpls 1 and 3 return to orig pos through the ctr of the set, W passing L shldr, while cpls 2 and 4 turn individually.

Continued...

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- 15-16 With two "threes" cpls 2 and 4 return, while cpls 1 and 3 turn individually, M 1/2 CCW, W 1/2 CW.
(b) Forward and Back
- 9-10 With two "threes" cpls 1 and 3 move fwd twd each other,
(repeated) while cpls 2 and 4 repeat the action of cpls 1 and 3 in FIG II (a) meas 15-16.
- 11-12 With two "threes" cpls 2 and 4 move fwd twd each other, while cpls 1 and 3 move bwd into place.
- 13-14 With two "threes" cpls 1 and 3 move again, while cpls 2 and 4 move bwd.
- 15-16 Cpls 2 and 4 do two "threes" in place, while cpls 1 and 3 move bwd into place.
(c) Clap and Change
- C 17 All face ctr of set and clap thighs twice (cts 1,4).
18 Clap own hands together twice (cts 1,4).
19-20 Repeat action of Fig II (c) meas 17-18
21-24 Exchange places with ptr with one sidestep, M to R and W to L, W passing in front.
17-24 Repeat action of FIG II (c) meas 17-24, returning to orig
(repeated) places, M moving to L and W to R, M moving to L and W to R, M passing in front.

III: LEAD AROUND

- D 25-32 Ptrs with inside hands joined at shldr height face CCW around set and lead around (promenade) with 8 "threes". Release hands and turn individually M 1/2 CW, W 1/2 CCW on last two meas.
25-32 Join new inside hands and promenade back to orig places.
(repeated)

IV. CHORUS

- 1-32 Repeat entire action of FIG II.

V. ARCHES

- A 1-2 Ptrs join inside hands. Cpls 1 and 2 face each other. Cpls 3 and 4 face each other. Cpls 1 and 3 raise joined inside hands forming an arch, and all move fwd with two "threes", cpls 2 and 4 going under the arches made by cpls 1 and 3.
3-4 All release hands and turn individually, M 1/2 CW, W 1/2 CCW, with two "threes". Join new inside hands.
5-6 Cpls 2 and 4 make the arches while cpls 1 and 3 go under and back to orig places.
7-8 Ptrs join both hands and turn 1/2 CW with two "threes" finishing so that cpls 1 and 4 face each other and cpls 2 and 3 face each other, W on MR.
1-6 Repeat action of FIG V, meas 1-6 facing new cpl.
(repeated)
7-8 All release hands and turn individually to face ctr of
(repeated) set, M 1/2 CCW, W 1/2 CW.

Continued.

VI. CHORUS

1-32 Repeat entire action of FIG II. All join hands in a circle on last 2 meas.

VII. THREAD THE NEEDLE

D 25-32 #1M and #4 W release hands. Cpl 1 raise joined hands to form an arch. #4W dance under the arch leading the others behind her. She passes behind #1W and moves CCW back to orig place in the circle with 8 "threes" in all. #1W turn once CCW under her L hand joined with ptr R to reform circle.

25-32 Repeat action of FIG VII, meas 25-32 with cpl 4 forming (repeated) the arch while #1M leads the others through and around CW. #4M turn CW under his hand joined with ptr.

VIII: SIDESTEP IN CIRCLE

E 33-40 All join hands in single circle and repeat entire action of FIG I.

33-40
(repeated)

Note: These notes are written for the National Recording; If using CYNDA recording repeat "Chorus" between Fig VII and VIII