

SOLAISAI NA BEALTAINNE

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SWEETS OF MAY (Solaisai na Bealtaine) - Irish

This dance comes from the North of Ireland and was presented by Sean & Una O'Farrell at Stockton, 1961 - An Irish Quadrille.

MUSIC - "Come to Celi". Rank Rec of Am. Side 2, Band 2 No. RM 310
"Sweets of May" - National 4514

STEPS - Three's in Jig time - Hop 1,2,3 throughout unless otherwise described.
Jig side step - Seven & 2 three's

FORMATION - 4 epls. as in an Am. square dance.

PATTERN

MEAS.

- 8 Introduction
- 8 Sidestep in Circle - All join hands in a circle.
8 " " " R " " " " L " " "
- 2 Body or Chorus (a) Promenade across.
2 Cpls. 1 & 3 cross over holding inside hands
2 " 2 & 4 " " while 1 & 3 drop hands, turn & join hands
2 " 1 & 3 " back " 2 & 4 " " " " " again
- (b) Advance and Retire (Fwd. & back)
2 Cpls. 1 & 3 go fwd (while 2 & 4 drop hands and turn
2 " 2 & 4 " " " 1 & 3 go back
2 " 1 & 3 " " " 2 & 4 " "
2 " 2 & 4 do 2 three's in pos. while 1 & 3 go back
- (c) Clap and Change - All face center.
1 Clap thys twice
1 Clap own hands twice
2 Repeat clapping
8 Side step, changing places with ptrn. W pass in front
12 Repeat clap & change - finish in original pos. M passing in front.
- FIG. I
- 6 Lead around - Ptrns. join inside hands. Face CCW
2 Lead - Promenade around.
8 Release hands, turn individually
8 Promenade back into pos.
- Chorus - Repeat a,b,c.
- FIG. II - Arches
2 Cpls. 1 & 2 face and make arches. Cpl. 3 & 4 go under
2 All drop hands and turn single and rejoin hands
2 Cpls. 2 & 4 make arch, Cpls. 1 & 3 go under
2 All join both hands, make 1/2 turn so that epls. 1 & 4 face &
8 Repeat pattern with new epl. " 2 & 3 "
- Chorus - Repeat a,b,c - all join hands in a circle on last 2 meas.
- FIG. III - Thread the Needle - M of Cpl. 1 & W of Cpl. 4 release hands
8 Cpl. 1 raise joined hands. W of Cpl. 4 pass under arch leading the
8 others behind her. She passes behind W of Cpl. 1 & back to pos.
16 Repeat - Cpl. 4 making arch & M of Cpl. 1 leading the others.
Finish with Circle sidestep as in beginning of dance.