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# ŠOPSKA PETORKA

## SHOPSKA PETORKA

- Origin:** A basic dance of the Šop people of Eastern Serbia and Western Bulgaria.
- Source:** These steps learned from Slavko Kvasnevski at the 1975 Folk Dance Institute in Yugoslavia.
- Record:** "Shopsko" XPO X309 - 45 rpm or other Shopsko dance music, JUGOTON 1039
- Formation:** Lines of 5 people, M and W, separate or together, belt hold. Dance with erect posture, knees flexed, wt fwd. W keep feet near floor, M lift higher and dance more dramatically. When foot is lifted, it is loose and toes are down. Leader calls figures by name; call must come during a Basic In Place when the step has started with the L foot. Do each figure once and return to Basic
- Music:** 4/8

### Meas

#### Introduction

- 1 Facing ctr in place, wt on both ft, shift wt to R (cts 1,2), shift wt to L (cts 3,4)
- 2-7 Repeat meas 1
- 8 Shift wt to R (cts 1,2), shift wt to L and close R to L (ct 3,4)

#### Basic In Place

Note: On first meas 1 and 2 of Basic, dancers can shout in unison: "Drž se zemljo, Šop te gazi!" Translation: Hold on, earth, a Šop is treading on you.

- 1 Facing ctr, step R, L, R (cts 1,2,3), and lift L a little fwd, toe loose and pointed down (ct 4)
- 2 Repeat meas 1, opp ftk

#### Na Koleno

- 1 With R foot in frt of L knee and without hopping, press R knee outward for 4 cts

#### Za Koleno

- 1 Hook R toe behind L calf and hop on L four times with R knee pressed outwards (cts 1,2,3,4), do one more quick hop on L (ct +) as R comes down to do Basic.

#### Kopaj

- 1 Facing ctr with wt on L, "paw" ground with R foot four times (cts 1,2,3,4)
- 2 Swing R foot back, then fwd (ct 1), and pivoting half-R, drop into a squat, knees tog (ct 2), still squatting pivot to half-L (ct 3), pivot to ctr (ct 4) and come up with wt on L (ct +).

continued

## SHOFSKA PETORKA (continued)

- Meas
- 1 Turning body R and L in direction of step, step R (ct 1), stamp L (ct 2), step L (ct 3), stamp R (ct 4)
- 2 Repeat meas 1
- Kosi
- 1 Facing ctr, wt on L, "cut" or brush R toe across L, frt to back, four times (ct 1,2,3,4)
- 2 Squat, knees tog, facing half-R (ct 1), pivot in squat to half-L (ct 2), pivot in squat to half-R (ct 3), pivot in squat to ctr (ct 4), and come up with wt on L (ct +)
- Mesaj
- 1-4 At end of previous Basic, pause on ct 4 with R foot lifted to ht of L knee, R knee turned out and do 16 quick changes of pos by stepping R, L, R, L, etc for 16 cts
- 5 Step R (ct 1), stamp L (ct 2), step L (ct 3), stamp R (ct 4)

Presented by Carol Walker