

SOPSKA PETORKA (Macedonia)

Dance from Kočo Racin Ensemble. Notes from film of Atanas Kolarovski.
Notes by Tink Wilson. Name means Šop dance for five (men). *Monitor MF 375*
The Kočo Racin Folk Ensemble. Atanas says it was recorded too fast.

INTRO - Lesnote step $4\frac{1}{2}$ times. Hands on shldr.; face Ctr.; step to side on R; bhd on L; side on R, lifting L; in pl on L, lifting R).

- 1 - drum begins, leader alone
- 2 - Ldr alone, Boskoni - "Ajde Kanač".
- 3 - All join. "Yes-hoo.....Cigarette".
- 4 - Whistle...."Ajde....."

5^a "Ohh-pah! Ajde" (change to belt hold). Begin marking time step. *Omit 2nd lift*

Mark time total of 7 times with feet about 18" apart, viz.-

- 1 - Step on L in pl and bounce-bounce, wt to L
- 2 - " R " " " " wt to R
- 3 - " L " " " " wt to L
- 4 - " R " " " " wt to R
- 5 - " L " " " " wt to L
- 6 - " R " " " " (Ldr shouts, "Rax").
- 7 - " L " " " " (Ldr shouts, "Dval").
- 8 - "Click feet together in place, (Ldr shouts, "Tri!").

(BASIC CHORUS STEP - Step fwd on L, bringing R ft bhd L calf, (slight hop on L); step slightly bwd R, L; step on R slightly fwd, bending L knee and bringing L foreleg up // to ground with L ft slightly bhd R knee; slight hop on R pointing L toe down and fwd at ground.)

BASIC - 3 times (at beg of 3rd basic, ldr calls "A. Segal"), *(after you, ie. let's go)*

A. SEGAL - Step on L; hop on L, kick R high to R; step on R; hop on R, kick L high to L; step on L; hop on L, kick R high to R; step on R; hop on R, kick L high to L; step L, R, L, stamp R in pl; turning to face diag R, step R, L, R, stamp L; turning to face diag L, step L, R, L, stamp R; turning to face diag R, step R, L, R, stamp L; 3 pas de Basques moving forward (stacato), L, R, L; 4 prancing steps R, L, R, L moving fwd; 2 pas de basques R, L moving fwd; 4 Prancing steps R, L, R, L, moving fwd; 2 steps in pl, R, L, turning to diag L and stamp R beside L; 3 steps in pl and a stamp (R, L, R, L) turning diag R; 3 steps and a stamp (L, R, L, R), turning diag L; 3 steps and a stamp (R, L, R, L) turning diag R; step back two slow steps (L, R).

BASIC - $3\frac{1}{2}$ times. (On initial step all shout "Hee Hai"). At beg of 4th, ldr calls "Seci!" (cutting, or chopping). New sequence begins after "L-hop, R, L..."

SECI! - Run fwd R-hop, L-hop; (on second hop) kick R leg high diag R; touch R toe diag fwd R, kick R leg (very slightly bent) as high as you can, diag R, 3 times (you are up on down beat); on fourth count do sharp lift in front at L and hold; slowly fall fwd - "Ohhhhhhhhh-PAH!"; stamp 3 times in pl, R, L, R, shouting "Ee-hah-hah!". one member of line yells "Yihoooi", following that.

BASIC - $4\frac{1}{2}$ times (at beg of 4th basic ldr shouts "Krši Krši"). Krši sequence begins after "L-hop, R, L..."

Continued...

KRSII - Step R-hop as L knee twists across in front of R knee, lifting upwards; repeat w opp dir and ftwk (total of 7 times, ~~RL,R,L,R,L,R~~) on 3rd et step fwd on L ft into Basic again. All shout "ee-hahi"

BASIC - 2½ times. At beginning of 3rd time, leader shouts "Troino Kolo!". Step begins after "step L - hop, R,L..."

TROINO KOLO! - Stepping on R in pl, fling L leg in high arc fr L to R in front and step on it. Immediately do same with R in opp dir. Then continue stepping across w R ft a total of 3 times. Reverse direction and ftwk, kicking high w left leg and then stepping across 3 times on L. Reverse dir and ftwk again and go to R. Shout "Hee-Hahi" to begin Basic step.

BASIC - 4½ moving fwd in arc and back twd R. At beg of 5th basic, ldr calls, "KOPNI! Sequence begins after "L,-hop, R,L..."

KOPNI! - Run fwd, ~~step fwd, R-hop, L-hop, R-hop, L-hop~~ R-hop, L-hop. Bring R ft up (bent knee) and fwd to do pawing step twice (more accurately it is a "hosing" step, these being agricultural movements mostly). ~~Step~~ 3rd time begin as before but swing leg all the way back thru, then fwd again and drop into full squat. Rise quickly by driving your self upward and forward by stepping on your R ft. Step fwd L,R, then do 4 fast pas de basques moving backwards. Then begin basics w initial shout of "Hee Hahi"

BASIC - 2½ times. Leader shouts "Kosi!" (sickling or scything) at beg of 3rd basic. Next sequence starts after "L-hop, R,L..."

KOSII - Small leap onto R ft in place. Sweep L leg low to ground to side and fwd in an arc, while bending fwd from waist and sharply bending weighted R leg. Look to L; Repeat with opp ftwk, moving fwd, 5 times in all. Last time step on L as it swings fwd and begin basic, with "Ee-hahi".

BASIC - 4 times. At beg of 4th time, ldr shouts "Zapri!" (finish). Complete basic. Step fwd L-hop as if to beg basic again, swing R leg thru and slap ground w it, bending fwd from hips. *Hold.*
