

SOPSKO ZA POJAS  
(Shop-skoh zah Poi-ahs)  
Bulgaria

Beginner

TAPE: Yves Moreau 1985

TYPE: Short lines, belt hold, L over R. Small sharp steps,  
slight knee bend.

INTRODUCTION: Yes, begin with singing.

- A. Face R of center: Run (small steps) RLR LRL (1&2 3&4).  
Stamp R (bent knee) with L leg to left, hop (5 6).  
L, hop (7 8). Face center: R, hop (9 10).
  - B. Move RL0D: Side L, cross R, L, R behind (1234).  
L, hop, R, hop, L, hop, (picking up free foot slightly)  
(56789 10).
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