

1296

Sorocul

(Banat, Romania)

FORMATION: Cpls in a circle, W with backs to center facing partner with both hands joined down low in front.

RHYTHM: 4/4 1 2 3 4 5
Dancer's beat S Q S Q S

METER: 4/4

PATTERN

Meas

Basic Rest

Women's step is on opposite foot and direction of notated Men's step.

- 1 Step R to R (ct.1); close L to R (ct.2); step R to R (ct.3); close L to R (ct.4); step R to R (ct.5).
- 2 Reverse ftwk of meas.1.
- 3-8 Repeat action of meas.1-2.

Extended Side Step

Women's step is on opposite foot and direction of notated Men's step.

- 1 Repeat action of meas.1 of Basic Step but do not take weight onto R (ct.5), only accent it.
- 2 Step R to R (ct.1); lift on R, bring L across and in front of R. (ct.2); step onto L. In front of R (ct.3); step R to R (ct.4); Tap L heel beside R (no wt.) (ct.5).
- 3-4 Reverse ftwk of meas.1-2.
- 5-8 Repeat action of meas.1-4.

Lasso Step

Weight of Women's step will be on opposite ft of notated Men's step.

- 1 M steps R in place while leading W cw around him under his own L hand (her R). She steps fwd onto L (ct.1); step L in place (ct.2); step R in place (ct.3); step L in place (ct.4); step R in place (ct.5).
- 2 Step L in place (ct.1); step R in place (ct.2); step L in place (ct.3); step R in place (ct.4); step L in place (ct.5).
During these two basic steps woman moves fwd around man "lasso-like."
- 3 Man turns W around once cw under his L hand (her R) in front of him. Step R in place (ct.1); lift on R (ct.2); step L in place (ct.3); step R in place (ct.4); tap L beside R (no wt.) (ct.5).
Woman uses opposite ftwk to turn 360° CW under M's L hand.
- 4 Reverse ftwk, hand, and direction of turn of meas.3.
- 5-8 Reverse action of meas.1-4 of Lasso Turn.
- 9-16 Repeat action of meas 1-8 of Lasso Turn.

Presented by Stephen Kotansky at the Laguna Folkdancers Festival 2003