

## SOUSTA

Source: Collected by Harry Brauser on Crete in 1975

Meter: 2/4

Formation: On Crete the Sousta is a couple dance. Couples facing each other about 4 or 5 feet apart.

Record:

### Meas.

#### Basic

- 1 Step on R. (ct.1). Step on L. (ct.&). Step on R. (ct.2)  
Hold (ct.&).
- 2 Repeat opp. ftwk.

This is the only step (found by Harry Brauser) to appear throughout the dance. Couples approach and retreat in any pattern they like. Couples may circle each with any number of hand holds: Palm to palm over head. Man's rt. hand to ladies lft. hand. Mans lft. to ladies rt., or rt. hands held palm to palm overhead, forearms held waist level or elbows. Liked. Ladies hands may rest on waist. Mans free arm behind back or raised.