

SOUSTA MEDLEY
(Greece)

Source: Witnessed performance at Athens Festival. Learned from ethnic groups in New York, and arranged to this music by S. Newman.

Music: Record: RCA 47g 2019.

Formation: M and W in lines facing across room. Basketweave hold.

Meter: 2/4. Counted 1, 2, &. or Slow, Quick, Quick.

Measures Pattern

Fig I. Introduction or Entrance

- 1 Spring onto ball of R ft, flexing ft slightly (ct 1), close L to R, lowering 1/2 way to floor (ct 2), flex both ft, lowering rest of way to floor (ct &).
- 2 Repeat meas 1.
- 3 Repeat meas 1, but reverse ftwork, beg with L to L.

Fig II.

- 1 Step R to R (ct 1), slight hop on R (ct 2), step L beside R (ct &).
- 2 Step R to R (ct 1), cut R away with L, taking wt on L (ct 2).
- 3 Step R to R (ct 1), close L to R (ct 2).

Fig III.

- 1 Step R to R side (ct 1), slight hop on R (or slight double bounce on R) (ct 2), step L behind R (ct &).
- 2 Step R to R side (ct 1), step L beside R (ct 2), step R in place (ct &).
- 3 Step diag fwd L (ct 1), step close to heel of L with R, knee bent (ct 2), step fwd L (almost as a lunge) (ct &).

Fig IV.

- 1 Step fwd R (ct 1), step fwd L (ct 2).
- 2 Step fwd R (ct 1), step bwd L (ct 2).
- 3 Step bwd R (ct 1), step bwd L (ct 2)

Fig V.

- 1 Step fwd R (ct 1), slight hop on R (ct 2), step fwd L (ct &).
- 2 Step fwd R (ct 1), step fwd L (ct 2), step fwd R (ct &).
- 3 Step fwd L (ct 1), close R to L heel (ct 2), lunge fwd on L (ct &).
- NOTE: This step is done fwd and bwd with identical ftwork.

Fig VI. Exit (Continues in one direction only)

- 1 Spring onto ball of R, flexing slightly, (ct 1), close L to R, lowering 1/2 way to floor (ct 2), flex both ft, lowering rest of way to floor (ct &).

Continued...

SOUSTA MEDLEY (cont)

FLOOR PATTERN: M and W lines face each other throughout entire dance except during Fig VI, Exit, when each line moves to its own R.

The Entrance Step is a traditional step used to enter the dance area which, at one time when the dance was a martial dance, was the arena, or place of contest. At this time in history two men would come out and fight a knife fight. Later in history it was used as an opportunity to settle grudges by the drawing of first blood. Needless to say, it was not danced by women at that time.

SEQUENCE OF STEPS:

FIG. I. ENTRANCE	8 times ----opposing lines	
FIG II.	8 times " "	
FIG III.	8 times " "	
FIG IV.	2 times fwd, back, fwd, back (12 cts or 6 meas)	
FIG V.	28 times	
	a) Lines move fwd and back, 2x	4 phrases
	b) Lines move fwd	1 phrase
	c) M line continue fwd, W line back	1 "
	d) M line back 2x, W line fwd 2x	2 "
	e) M line fwd 2 x, W line back 2x	2 "
	f) M line back 2x, W line fwd 2x	2 "
	g) M line fwd 1x and back 1x, W line back 2x	2 "
	h) Lines fwd to meet, back out 1/4 turn CCW from original position	2 "
	i) Repeat "h" 3x, making 1/4 turn each time, to end in original pos	6 "
	j) Lines move fwd and back executing an oblong circle (CCW), passing face to face on meas 3 of the fwd phrase	2 "
	k) Repeat "j" 2x (3 in all)	4 "
		<u>28</u>
FIG VI.	Do until end of music moving in a straight line.	

Presented by: Oliver (Sonny) Newman