

# Join the World and Folk Dance

## MICHAEL HERMAN'S FOLK DANCE ORCHESTRA

Dance Directions by Michael Herman, Folk Dance House, New York City  
Arrangements by Walter Eriksson

SIDE 1

### SPANISH CIRCLE WALTZ (America)



This dance dates back to the Civil War period and has remained a favorite with folk dancers. There are several versions, but this one is most often performed.

**OPENING FORMATION:** Two couples are arranged in sets around the circle—one couple facing clockwise, the other counterclockwise. Lady stands to right of man.

**PART 1:** Give right hand to the opposite person and, beginning with right foot, waltz-balance forward and back.

Change places with the opposite person with 2 waltz steps. The lady does a quarter turn to the left, away from the man, as she crosses over to the other side. (All are now directly opposite starting position.)

Now face original partner, giving him right hand. Balance forward and back, then change over as above.

Repeat with the opposite person.

Repeat with own partner, ending in original positions.

**PART 2:** All form a right-hand star and waltz around in place with 4 clockwise steps. Then change to a left-hand star and waltz 4 steps counterclockwise. Be sure to finish in original starting place.

**PART 3:** Taking ballroom position, each couple waltzes 8 steps around the opposite couple, in a counterclockwise direction (but turning clockwise). They dance around  $1\frac{1}{2}$  times so that at the end of the 8th step they are in the opposite couple's place, back-to-back with them and facing a new couple.

**NOTE:** Couples facing clockwise will always progress around the circle in a clockwise direction to new couples; those facing counterclockwise will always move in a counterclockwise direction.

Repeat dance from beginning. Girls should hold free hands on their skirts; men may have free hands behind their own backs or on their hips.