

CATCH, by Jerry Helt □

Heads fwd, Swing Thru  
Catch by the R hand half and back  
by the L  
Girls to the L Run  
Wheel & Deal  
(Equiv. to Heads R & L Thru)

Heads fwd, Swing Thru  
Catch by the R hand half and back  
by the L  
Do a L Swing Thru  
Catch by the L hand half and  
back by the R  
(Zero Ocean Wave)

Heads fwd, Swing Thru  
Catch by the R hand half and back  
by the L  
Trade the wave, Boys Run R  
Wheel & Deal  
(Equiv. to Heads R & L Thru)

Heads fwd Spin the Top  
Catch by the R hand half and back  
by the L  
Girls to the L Run  
Wheel & Deal  
(Equiv. to Heads Star Thru)

Heads fwd Swing Thru  
Catch by the R hand half and back  
by the L  
Boys to the L Run  
Cast off 3/4 round  
(Equiv. to Heads circle four L 3/4)

Heads Square Thru four hands  
Spin Chain Thru - - - - -  
Catch by the R hand half and back  
by the L  
Girls to the L Run; Wheel & Deal  
Spin Chain Thru - - - - -  
Catch by the R hand half and back  
by the L  
Girls to the L Run, Wheel & Deal  
Dive Thru, Pass Thru  
Left allemande