

1972 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Presented by Jerry Helt

CATCH □

HEADS FORWARD, SWING THRU
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
GIRLS TO THE LEFT RUN
WHEEL AND DEAL (Equiv to heads R & L Thru)

HEADS FORWARD, SWING THRU
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
DO A LEFT SWING THRU
CATCH BY THE LEFT HAND HALF AND BACK BY THE RIGHT
(ZERO OCEAN WAVE)

HEADS FORWARD, SWING THRU
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
TRADE THE WAVE, BOYS RUN RIGHT
WHEEL AND DEAL (Equiv to Heads R & L Thru)

HEADS FORWARD SPIN THE TOP
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
GIRLS TO THE LEFT RUN
WHEEL AND DEAL (Equiv to heads star thru)

HEADS FORWARD SWING THRU
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
BOYS TO THE LEFT RUN
CAST 3/4 ROUND (Equiv to heads circle four left 3/4)

HEADS SQUARE THRU FOUR HANDS
SPIN CHAIN THRU.
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
GIRLS TO THE LEFT RUN, WHEEL AND DEAL.
SPIN CHAIN THRU.
CATCH BY THE RIGHT HAND HALF AND BACK BY THE LEFT
GIRLS TO THE LEFT RUN, WHEEL AND DEAL
DIVE THRU, PASS THRU
LEFT ALLEMANDE