

FOLLOW THAT GIRL □

Promenade and don't slow down
 One and three wheel around
 Pass thru the couple you meet
 On to the next and pass thru
 All 4 gents turn back
 Follow that girl in the same old track
 Go twice around that ring now Jack
 Turn your partner, left elbow swing
 Four gents star in the middle of the
 ring
 Twice around to your corner girl
 Allemande left, etc.

BREAKING TRAIL FOR THE
OTHER THREE □

One and two do a half sashay
 Circle eight around that way
 Two little ladies hand in hand
 Split those gents across the land
 Around just one and crowd back in
 Circle eight, you're gone again
 Gents, swing the girl that's by your
 side
 Allemande left with a great big
 smile
 Promenade, go single file
 First little lady, turn right back
 Second little lady, same old track
 Third little lady, follow those two
 Fourth little lady, same for you
 Original partner, box the gnat
 All eight swing right where you're
 at

EIGHT CHAIN STAR □

Four gents star across the town
 Turn the opposite gal with the left
 hand round
 Face your corner all eight chain
 Right and left and turn 'em around
 Gents star right 3/4 round
 Turn that gal with a left hand round
 All the way around
 Face your corner, all eight chain
 Right and left and turn 'em around
 Gents star right across the set
 Turn that gal you're not thru yet
 Face your corner once again
 Go right and left for a left allemande,
 etc.

CAST AWAY □

All four ladies chain across
 Then head ladies chain 3/4 round
 The side gents will turn you around
 And make two lines of three
 Forward six and six fall back
 Then circle 8 go around the track
 All four gents pass thru
 Around just one and behind the sides
 you stand
 Forward 8 and 8 fall back
 Two ladies chain on a double track
 Turn them boys and line up four
 Forward 8 and back once more
 Whirl away with a half sashay
 Then pass thru across the way
 Now cast off and circle wide
 Circle left on the old cow hide
 Etc.