

BLUE STARS AND STRIPES □  
by Jerry Helt

Formation: Four cpls in a square  
Music: "Blue Stars and Stripes," Blue Star Record BS-1917

Calls and Explanations:

Four ladies Chain  
Heads R & L Thru  
Four ladies Chain  
Sides R & L Thru  
Ladies fwd 2, 3, shoosh and back  
(Ladies walk fwd four cts and shoosh their skirts, and  
back up four cts to place.)  
M fwd, R hand Star all the way around  
Turn ptr by the L, pick up the corner  
Promenade half way round to home.

HONEY QUADRILLE □  
by Jerry Helt

Formation: Four cpls in a square  
Music: "Honey," Blue Star Record BS-2003, LP 1032

Calls and Explanations:

Heads inside half Promenade  
Head ladies Do-Sa-Do  
Sides inside half Promenade  
Side ladies Do-Sa-Do  
All join hands, circle L  
Corner swing  
Promenade  
Everyday will be so sunny, Oh Honey -- with you.

HEEL AND TOE QUADRILLE □  
by Jerry Helt

Formation: Four cpls in a square  
Music: "The Donnybrook Boy," Blue Star Record BS-LP 1029B

Calls and Explanations:

Heel and toe in you go, Heel and toe out you go  
Heel and toe in you go, Heel and toe out you go  
Ptr Do-Sa-Do  
M star by the L once around  
Ptr Do-Sa-Do you know  
Corner swing, go twice around  
Promenade once around.

All presented by Jerry Helt