

LADIES STAY HOME □

Head lady & opposite gent forward & back
 Forward again and do si do
 Go back home and swing partner while
 the
 Side two couples ladies chain
 Second lady, opposite gent the same,
 head two ladies chain
 Third lady & opposite gent the same,
 sides ladies chain
 Fourth lady & opposite gent the same,
 head ladies chain
 Right hand to your partner, gents
 stay home
 The ladies grand right & left round
 the ring
 Turn half round with your partner
 and
 Ladies right & left the other way back
 Head gent & opposite lady forward &
 back
 Forward again, right elbow reel
 Go home, left elbow reel your
 partner
 Second gent, opposite lady the same
 Third gent & opposite lady the same
 Fourth gent & opposite lady the same
 All reel partners
 Right hand to partner, ladies stay
 home and
 The gents grand right & left around
 the ring
 Turn half around with partner and
 gents
 Grand right & left the other way back
 All swing partner and promenade.

ODD COUPLE PROMENADE □

First couple out to the right
 And balance with the two
 Same two couples right and left four
 Both couples on to the next
 Circle six hands round
 Allemande left, grand right and left
 While the odd two promenade
 When you're home swing your own.

THE ROUT □

Head two couples lead to the right
 Circle four hands around
 Break the circle into line
 and four in line you stand
 Forward all and back
 Right and left with opposite
 couple
 All swing partner and
 promenade
 Side two couples lead to the
 right
 Circle four hands around
 Break the circle into line and
 four in line you stand
 The ladies chain across and
 back
 All swing partner and
 promenade
 Heads to the right again and
 circle four hands around
 Out in line, forward all and
 back
 Do si do your opposite, do si
 do your own
 All swing and promenade
 Sides to the right and circle
 four
 Out in line, forward all and
 back
 Right hand star with opposite
 couple
 Left hand star back to place
 All swing partner and prom-
 enade
 Heads to the right, circle four
 Out in line, forward all and
 back
 Ladies chain the square
 All swing partner and promenade
 Sides to the right, circle four
 Out in line, forward all and back
 Right & left the square
 All swing partner and promenade