

AMERICAN SQUARE DANCESSTEP 'N FOLD, by Ron Schneider

From two parallel Ocean Waves, those facing in take a small step fwd while those facing out Fold into the vacated spot (as in Scoot-Back) to finish command in Double Pass Thru formation.

STEP 'N FOLD FIGURES, By Jerry Helt 

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Turn Thru  
Do si do the outside two  
Step & Fold, Turn Thru  
Left Allemande

Heads Square Thru four hands  
R & L Thru with the outside two  
Roll the girls away with a half sashay  
Do si do it's back to back  
Step & Fold, Turn Thru  
Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Double Pass Thru  
& Cloverleaf  
Ctrs Turn Thru, Do si do the outside two  
Step & Fold, Double Pass Thru  
Ctrs Turn Thru, Left allemande

Heads lead R, circle to a line  
Lines Pass Thru, Bend the line  
Lines Pass Thru, Wheel & Deal  
Ctrs "U" Turn, Do si do the outside two  
Step & Fold, Ctrs Swing Thru  
& Turn Thru, Left allemande

Heads lead R circle to a line  
Lines fwd, Star Thru  
Do si do back to back, Step & Fold  
Swing Thru and Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Star Thru  
Dive Thru, Pass Thru, Left allemande

Heads Square Thru, four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Boys fwd Swing Thru, Turn Thru  
Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Star Thru  
Do si do it's back to back  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Slide Thru, Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Ctrs Run R, all eight Circulate  
\*Wheel & Deal, Swing your own

\*Wheel & Deal, Do si do  
Boys Run R (lines of four with ptr)

Heads Square Thru four hands  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
(lines of four with ptr)

Heads Square Thru four hands  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two, R & L Thru  
Dive Thru, Pass Thru, Left allemande

Heads Square Thru four hands  
R & L Thru with the outside two  
Sides roll away a half sashay  
Do si do back to back  
Step & Fold, Square Thru 3/4  
Left Allemande

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Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Turn Thru  
Do si do the outside two  
Step & Fold, Turn Thru  
Left Allemande

Heads Square Thru four hands  
R & L Thru with the outside two  
Roll the girls away with a half sashay  
Do si do it's back to back  
Step & Fold, Turn Thru  
Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Double Pass Thru  
& Cloverleaf  
Ctrs Turn Thru, Do si do the outside two  
Step & Fold, Double Pass Thru  
Ctrs Turn Thru, Left allemande

Heads lead R, circle to a line  
Lines Pass Thru, Bend the line  
Lines Pass Thru, Wheel & Deal  
Ctrs "U" Turn, Do si do the outside two  
Step & Fold, Ctrs Swing Thru  
& Turn Thru, Left allemande

Heads lead R circle to a line  
Lines fwd, Star Thru  
Do si do back to back, Step & Fold  
Swing Thru and Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Star Thru  
Dive Thru, Pass Thru, Left allemande

Heads Square Thru, four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Boys fwd Swing Thru, Turn Thru  
Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Star Thru  
Do si do it's back to back  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
Lines fwd, Slide Thru, Left allemande

Heads Square Thru four hands  
Do si do the outside two  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Ctrs Run R, all eight Circulate  
\*Wheel & Deal, Swing your own

\*Wheel & Deal, Do si do  
Boys Run R (lines of four with ptr)

Heads Square Thru four hands  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
Swing Thru, Boys Run R  
(lines of four with ptr)

Heads Square Thru four hands  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two  
All eight Circulate  
Step & Fold, Swing Thru, Turn Thru  
Do si do the outside two, R & L Thru  
Dive Thru, Pass Thru, Left allemande

Heads Square Thru four hands  
R & L Thru with the outside two  
Sides roll away a half sashay  
Do si do back to back  
Step & Fold, Square Thru 3/4  
Left Allemande