

Sackett's Harbor Traditional

Formation: Contra lines, 1,4,7, etc., couples active but not crossed over.

Music: Shaw 175

Counts

Actions and explanations

- 1-8 FORWARD SIX AND BACK
- 9-16 CIRCLE LEFT THREE QUARTERS AROUND
- 17-24 ACTIVE COUPLES DOWN THOSE LINES
- 25-32 BACK TO PLACE AND CAST OFF
- 33-48 TURN CONTRA CORNERS
- 49-56 LINES FORWARD SIX AND BACK
- 57-64 CIRCLE RIGHT THREE QUARTERS AROUND

Note: As this dance is done with the actives not crossed over, the cast off will place an active person between two inactive persons in their own trios at the end of ct 32 above.

Squeeze Play by Jerry Helt

Formation: Proper duple, ALL ON WRONG SIDE.

Music: Chaparral "Summertime Dream," or any standard reel.

Counts

Actions and explanations

- 1-16 ACTIVES (1s) DOWN THE CENTER AND BACK
- 17-32 INACTIVES (2s) DOWN THE CENTER AND BACK
- 33-40 EVERYBODY DO SA DO PARTNER
- 41-48 EVERYBODY STAR THRU AND CALIFORNIA TWIRL
- 49-56 ACTIVES (1s) SQUEEZE IN* & LINE OF FOUR GO DOWN, TURN ALONE
- 57-64 COME BACK UP AND BEND THE LINE

* This is a Centers In. Anyone teaching Mainstream classes should consider teaching this contra before teaching Centers In. It's a great lead in to Centers in action.

Presented by Jerry Helt