

Srebranski Danec

(Bulgaria, Dobrudža)

Danec, also known as *Buenek* or *Buenec*, is a ritual dance done mostly by women for specific folk customs such as *Lazaruvane* (springtime). The movements are mostly simple walking steps travelling in various directions. Often done to just singing. Arm movements are typically Dobrudžan.

Pronunciation: SREH-bahn-skee DAH-nehts

Cassette: Yves Moreau YM-UOP-98 Side A/3 2/4 meter

Formation: Mixed lines, hands joined in W-pos. Face ctr, wt on L.

Styling: Proud and "earthy" (slight knee bend).

Meas

Pattern

16 cts Introduction. No action.

I. FORWARD AND BACK

- 1 Step fwd on R, straightening knees and "pushing" hands slightly upward, L ft is still touching ground (ct 1); release wt, singing onto L ft, bending knees (ct 2).
 2-8 Repeat meas 1 seven more times going fwd.
 9-16 Repeat meas 1-8 in reverse direction (travelling bkwd).

II. SIDEWARDS

- 1-6 Travel sideways R with the same type of steps as Fig I, meas 1.
 7 Step on R to R (ct 1); stamp L next to R, no wt, with "pulling down" arm motion (ct 2).
 8 Stamp again with L next to R, no wt, with "pulling down" arm motion (ct 1); pause (ct 2).
 9-16 Repeat meas 1-8 in opp ftwk and direction (travelling sdwd L)

III. "SCUFF" FORWARD WAVING ARMS

- 1 Step fwd to ctr on R, start waving arms diag R (ct 1); "scuff" L next to R, complete waving arms to R (ct 2).
 2 Repeat meas 1 with opp ftwk and arm motion (same arm motion to L).
 3-6 Repeat meas 1-2 (still travelling fwd).
 7 Strong step on R, start to extend arms fwd (ct 1); strong step on L next to R, arms continue fwd and down (ct 2).
 8 Strong step on R next to L, arms are down at sides (ct 1); pause (ct 2).
 9-16 Repeat meas 1-8 in reverse (bkwd) with the same arm motions.

Srebranski Danec—continued

IV. TRAVEL WITH SCUFFS AND REVERSE

- 1-6 Repeat Fig III, meas 1-6, travelling in LOD.
7 Let go of neighbor's hands and strong step on R turning 1/2 CW, to face out (ct 1); strong step on L next to R (ct 2). Hands are still in W-pos.
8 Strong step on R next to L (ct 1); pause (ct 2).
9-16 Repeat meas 1-8 in RLOD, ending facing ctr again.

Dance repeats from the beginning.

Presented by Yves Moreau