

# SROTES

Croatian couple Dance  
Record FOLK DANCER MH 3021

Srotes

This dance introduced to American folk dance circles by noted Balkan authority Dick Crum.

FORMATION: Partners stand side by side. Lady to Right of Man. Inside hands are joined, outside hands on own hips.

PART 1: In place do 4 "stamp-chugs" R,L,R,L.  
(Stamp on Right foot and chug back on it. Stamp on Left foot and chug back on it, etc.).

Then move sideways, R,L,R, lift Left foot.  
Then move sideways, L,R,L, lift Right foot.

Repeat all of Part 1, except that at the end partners finish facing each other in shoulder-waist position.

PART 2: Lady quickly changes feet so she can start this figure on the Left foot. Man begins with Right foot. Both do 6 flat polka steps, around the ring, falling on each step. Then do seven bounces on both heels in place.

Repeat all of Part 2.

Repeat all of Part 1 and 2.

While Croations enjoy doing the dance for lengthy periods of time, American folk dancers can't take it for the length of the record, so it is suggested one start the record further in to skip a round or two, or else lift the needle when the leader senses the group is getting weary.

For other Croation records with directions write below:

~